



The Inside Track

A Publication of the Fort Wayne Track Club



Upcoming Events

- ❁ JP 10K (Last Points Race of 2005)
- ❁ The HUFF
- ❁ Fanny Freezer (First Points Race of 2006)
- ❁ Fort Wayne Track Club Banquet

Renew Your Fort Wayne Track Club Membership For 2006!
See Form On Page 21.

December 2005 &
January 2006

Visit our web site at www.fwtc.org

2005

Fort Wayne Track Club Officers and Board Members



Officers

President: Mike Fruchey 627-5147 frucheym@ipfw.edu
Vice President: Barrie Peterson 637-5717 barrie@myvine.com
Treasurer: Don Lindley 432-5998 lindleyd@infionline.net
Secretary: Ann Mize 672-3783 anna.mize@att.net

FWTC Board Members

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Bill Harris 657-5012 bharr2000@aol.com
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Phil Suelzer 486-1745 tri_keri@yahoo.com
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Judy White 672-1470 whitejudy2@aol.com

FWTC Coordinators

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Point Race Coordinator
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Membership Coordinator
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Equipment Coordinators
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Race Directors Coordinator
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Youth Coordinator
Phil Suelzer 486-1745 tri_keri@yahoo.com

FWTC Board Member Meeting Dates for 2005

7:00 PM Wednesday December 14, 2005

All FWTC members are welcome to attend. Meetings are held in the Royal Dons room in the Gates Sports Center at IPFW on the second Wednesday of the month.

Membership Dues

There is a membership application in this newsletter. Your dues keep the club running. Renew your membership today!

FWTC Information

Fort Wayne Track Club
P.O. Box 11703, Fort Wayne, IN 46860-1703
(260) 436-2234

The FWTC is a member of the RRCA, Club # 23

Volunteer!

Volunteers are who keep the Fort Wayne Track running. Contact any board member or see the form later in this newsletter to help with your track club!

FWTC Board Minutes

September 14, 2005

Members present: Mike Fruchey, Barrie Peterson, Don Lindley, Ann Mize, Mac McAvoy, Judy Tillapaugh, Tom Landis, J.P. Jones, and Bill Sohaski.

President Mike Fruchey called the September meeting to order at 7:05 p.m. Don Lindley gave an opening prayer.

Ann Mize presented the August minutes (thanking Barrie Peterson for recording them in her absence). The minutes were approved as read.

Don Lindley gave a treasurer's report and brief membership report. He then passed out a Race Calendar showing races through 1/01/06.

Mac McAvoy reported on the Runners on Parade race. He has plans to increase the event next year.

Barrie gave a report on the High School cross-country runners. Both the boys and girls teams are doing very well. There are lots of talented runners in our community.

Judy Tillapaugh asked for club members to let IPFW how much we appreciate being able to use the IPFW Campus. She suggested dropping a "thank you" to the Chancellor's office.

Don Lindley mentioned he would like to mentor other club members if they would like to learn to time local races. At present there are just a few members that know how to set up and time races.

Mac McAvoy gave an update on the Parlor City Trot. It is September 24th. He mentioned an increase in Wells County youths participating in the event.

Mike Fruchy talked about the USATF meets. The State is November 5th and the regional is on November 19th. Gary Bird is very active in the youth events. All club members are invited and encouraged to come out to IPFW and support the meets in any way they can. The board asked if we still had monies left in our youth budget and Treasurer Don Lindley said we did. With that information a motion was made by Don with a second by Barrie Peterson to donate \$400.00 to the Bird team in training. Mike mentioned how great it is to see 3rd and 4th graders out running.

Our July guest Steve West wasn't sure he could get enough support to put on a race so the board encouraged J.P. Jones to let him know the FWTC could help get him started.

The next Board meeting is 7: p.m. October 12, 2005 with no Officers' meeting planned until November 27th. Meeting was adjourned at 8:00 P.m.

FWTC Board Minutes

October 12, 2005

Members present: Tammy Behrens, Phil Suelzer, Bill Sohaski, James P. Jones, Tom Landis, Don Lindley, Ann Mize, Judy White, Bill Harris, and Barrie Peterson.

Vice President Barrie Peterson called the meeting to order at 7:00 P.M. (as President Mike Fruchey was unable to attend.) Don Lindley opened with devotions.

Ann Mize presented the September 14, 2005 board minutes asking that they be amended to include a proposal by Mac McAvoy and the FWTC to set aside an allowance out of the Runners On Parade funds to total \$750.00. It is to be given to the Boys and Girls IPFW Cross-Country teams for their help during the Runner on Parade race. A motion was made with a second and it was passed by the board. The September 14th minutes were then passed as amended with a motion by J.P. Jones and Bill Harris.

Don Lindley gave his treasurer's report and the quarterly budget update. Since Mac McAvoy was unable to attend the Board meeting it was agreed to have him report next month on the Runners on Parade and Parlor City Trot race expenses.

Judy White asked for input from the board members for the FWTC banquet in February. Further discussion is scheduled for next month.

Tom Landis reported on an AMB timing chip system he purchased. After it is paid for he will donate it to the FWTC. During his report he asked if anyone thought it would be a conflict of interest for him to remain on the club board. Bill Sohaski said the club should give Tom a big "thanks" for all the time and effort he has given to the club. The board agreed that any conflict of interest would be short term. The long term gain will be when he donates paid off equipment to the club. The board gave Tom a vote of confidence.

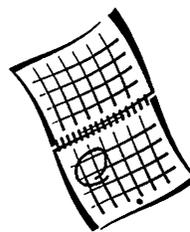
Connie Casson from Fort Wayne Community Schools requested information on a possible run for the 150th birthday celebration. Phil Suelzer said he would contact her.

Barrie Peterson talked about the fun run report in our newsletter. We are always glad to give advice and mentor others. He also reported the High School Cross Country season is in full swing. There is great racing in our area, and encourages every one to go out and watch the great meets.

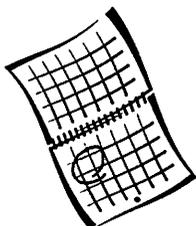
J.P. Jones will be asking all FWTC membership (via) the newsletter for help in timing races.

With no further business the meeting was adjourned at 8:10 p.m. with a reminder of the next Board Meeting on Wednesday, November 9th.

Highlight Your Fitness Calendar...



Write This Down...



Save The Date...

The 2006 Fort Wayne Track Club Banquet Will Be Held On Sunday Evening February 12th



***** Plan To Attend *****



The Fort Wayne Track Club Annual Banquet will be Sunday February 12th at IPFW Walb Student Union Ballroom. Doors open at 5:00 pm, Social Time 5:30 pm, Dinner at 6:00 pm.

Guest speakers will be Fort Wayne Track Club's own elite runners and coaches, Casey Shafer and Tammy Behrens. Casey's recent accomplishments include a 15th overall finish at the 2005 Akron Marathon in 2:44:31. Tammy's running highlights include a 39th woman overall at the Indy half marathon and completing the 2004 Boston Marathon.

Events include the Fort Wayne Track Club 2005 Points Awards (results through the Rat Race follow in this issue), 2005 Outstanding High School Runners, and Other Special Awards.

Give The Gift Of Great Food

By Judy Tillapaugh, RD

Are you looking for a special gift to give?

How about selecting a colorful assortment of fruits and/or vegetables and a couple recipes? Place them in an attractive basket or box. That's it! Pass it on to someone in your life. It's fitting for the upcoming holiday season or anytime.

The American Dietetic Association, American Diabetes Association, American Heart Association, American Cancer Society, and American Cancer Institute all recommend we eat 5 to 9 servings of fruits and vegetables each day as part of a nutritious style of eating. Why? Fruits and vegetables provide 100's of body benefits mainly because they're rich in vitamins, minerals, and phytonutrients. Serving size is only ½ cup cooked or 1 ½ -2 cups raw fruit or vegetable

American Dietetic Association states that phytonutrients are simply plant based nutrients. They are not vitamins or minerals yet they are essential to life. There are thousands of phytonutrients in food and more than two thousand give plants their color like cherry bomb red tomatoes, bright orange carrots, and blue hues of blueberries and plums. They help prevent disease and promote recovery from illness in many different ways by detoxifying cancer causing substances, protecting cells from free radicals, acting as an antibacterial agent, boosting the immune system, and lowering blood cholesterol.

Including fruits and vegetables at meals and snacks is a gift that keeps giving. Think about giving the gift of health to yourself and others day by day. Here's a recipe that's a simple way to enjoy the wonderful tastes and textures of winter vegetables.

Roasted Winter Vegetables from Kate Black's Kitchen

Choose a variety of vegetables, including at least one with deep color. Any of the following are wonderful: Carrots, Irish potatoes, sweet potatoes, turnips, parsnips, yams, new potatoes (with red skins), and onions.

Wash all the vegetables, peeling all but the turnips and potatoes. Cut 5-7 vegetables in about 2-3 inch chunks and put in a large bowl.

Choose a variety of herbs, depending upon taste and availability. Some yummy options: rosemary, garlic, basil, thyme, tarragon, parsley, and oregano.

Once you decide on your 1- 3 herbs plus garlic use 1- 3 tablespoons fresh or 2 - 4 teaspoons dry. Sprinkle over the vegetables.

Pour 1/4 - 1/3 cup olive oil over the vegetables. Put your hands in and toss the oil and herbs with the vegetables. Arrange in a single layer in an open roasting pan, bake in a 350- 400 degree oven until vegetables are tender, about 30 - 40 minutes. Enjoy!!

The Fort Wayne Track Club Newsletter Wants You!

The Fort Wayne Track Club Newsletter is published 6 times a year on the first of February, April, June, August, October, and December. Members are encouraged to submit articles, photographs, event announcements, and other items of interest to the local running community. The deadline for submitting materials is approximately 2 weeks before publication. Help with the newsletter is always needed and always appreciated! If you're interested in writing or soliciting articles, taking photographs at local events, or helping with graphic layout and design, call Chuck Zumbrun at 693-0527 or email newsletter@fwtc.org!

Turkey Trot 5K Fox Island

November 19, 2005

Turkey Trot 5K Fox Island

November 19, 2005

Place	Name	City	Age Group	Time	Pace
1	Mark Furkis	Ligonier IN	***** M 50-54	17:17	5:32/M
2	Ron Sharp	Fort Wayne IN	***** M 40-44	17:25	5:35/M
3	Chuck Schlemmer	Ligonier IN	1 M 40-44	17:34	5:38/M
4	Mich Novy	Garrett IN	1 M 20-24	18:00	5:46/M
5	Bernie Zoll	Bluffton IN	1 M 30-34	18:11	5:50/M
6	John Schmieders	Decatur IN	2 M 40-44	18:21	5:53/M
7	Tim O'Connell	Fort Wayne IN	1 M 45-49	18:28	5:55/M
8	Matt Carney	Fort Wayne IN	2 M 30-34	18:32	5:56/M
9	Brad A Thomas	Fort Wayne IN	3 M 30-34	18:42	6:00/M
10	Jon Niding	Fort Wayne IN	1 M 25-29	18:53	6:03/M
11	Doug Sundling	Bluffton IN	1 M 50-54	19:03	6:06/M
12	Matt Dunn	Decatur IN	1 M 18-19	19:06	6:07/M
13	Cor Hollett	Fort Wayne IN	2 M 45-49	19:08	6:08/M
14	Mike Slaubaug	Fort Wayne IN	3 M 45-49	19:09	6:08/M
15	Matt Foreman	Fort Wayne IN	3 M 40-44	19:14	6:10/M
16	Andrew Piropat	Fort Wayne IN	1 M 16-17	19:29	6:15/M
17	Brad Altevogt	Fort Wayne IN	2 M 50-54	19:31	6:15/M
18	Kurt Walborn	Fort Wayne IN	4 M 40-44	19:39	6:18/M
19	Phil Suelzer	Fort Wayne IN	3 M 50-54	19:58	6:24/M
20	Joe Brunson	Columbia City IN	2 M 25-29	20:01	6:25/M
21	Joe Savina	Fort Wayne IN	1 M 35-39	20:16	6:30/M
22	Glenn Goudey	Winona Lake IN	4 M 45-49	20:19	6:31/M
23	Tyna Wilson	Fort Wayne IN	***** F 0-15	20:41	6:38/M
24	Chuck Putterbaugh	Roanoke IN	5 M 45-49	20:43	6:38/M
25	Dashon Smith	Fort Wayne IN	2 M 20-24	20:50	6:41/M
26	Stephen Olson	Fort Wayne IN	3 M 25-29	20:51	6:41/M
27	Chuck Brown	Bluffton IN	4 M 50-54	21:10	6:47/M
28	James McKinnon	Waterloo IN	6 M 45-49	21:15	6:49/M
29	Paul Shaffer	Decatur IN	7 M 45-49	21:23	6:51/M
30	Jonathan Byers	Fort Wayne IN	4 M 30-34	21:25	6:52/M
31	Kevin Lochner	N Manchester IN	5 M 50-54	21:28	6:53/M
32	Diana Schowe	Auburn IN	***** F 40-44	21:37	6:56/M
33	Matt Scott	Warsaw IN	2 M 35-39	21:45	6:58/M
34	Ted Van Antwerp	Fort Wayne IN	5 M 40-44	21:46	6:59/M
35	William Parker	Fort Wayne IN	8 M 45-49	21:51	7:00/M
36	Eric Harshman	Fort Wayne IN	4 M 25-29	21:51	7:00/M
37	Tammy Behrens	Fort Wayne IN	1 F 30-34	21:52	7:01/M
38	Randy Strebig	Fort Wayne IN	6 M 40-44	21:55	7:01/M
39	Jeff Jones	Fort Wayne IN	5 M 30-34	22:07	7:05/M
40	Dane Okleshen	New Haven IN	1 M 0-15	22:08	7:06/M
41	Judy White	Fort Wayne IN	1 F 45-49	22:13	7:07/M
42	Shawn Flanary	Greentown IN	5 M 25-29	22:14	7:08/M
43	Daniel Gottschalk	Fort Wayne IN	3 M 35-39	22:15	7:08/M
44	Bob Bruckner	Fort Wayne IN	1 M 60-64	22:17	7:09/M
45	Jacob Sorg	New Haven IN	2 M 18-19	22:18	7:09/M
46	Alexis Godeke	Antwerp OH	1 F 0-15	22:33	7:14/M
47	Rick Briars	Fort Wayne IN	4 M 35-39	22:36	7:15/M
48	Richard R Annis	Fort Wayne IN	6 M 50-54	22:38	7:15/M
49	Rebecca Hollenbaugh	South Whitley IN	2 F 30-34	22:47	7:18/M
50	Ruth Dunn	Decatur IN	2 F 45-49	22:52	7:20/M
51	Cara Fisher	Fort Wayne IN	2 F 0-15	22:55	7:21/M
52	Len Piropat	Fort Wayne IN	7 M 50-54	22:56	7:21/M
53	Brian Clements	Fort Wayne IN	5 M 35-39	23:09	7:25/M
54	Kerry Blanchette	Fort Wayne IN	8 M 50-54	23:22	7:29/M
55	Ray Casiano	New Haven IN	2 M 60-64	23:23	7:30/M
56	Thomas Merklind	Avilla IN	7 M 40-44	23:29	7:32/M
57	Sheryle Braaten	Hoagland IN	3 F 45-49	23:34	7:33/M
58	Ron Zantman	Fort Wayne IN	9 M 45-49	23:36	7:34/M
59	Cindy McGovern	Fort Wayne IN	1 F 40-44	23:37	7:34/M
60	Ric Pvoeman	Fort Wayne IN	10 M 45-49	23:39	7:35/M
61	David Roehling	Harlan IN	11 M 45-49	23:47	7:37/M
62	Chloe Smith	Fort Wayne IN	3 F 0-15	23:55	7:40/M
63	Greg Smith	Fort Wayne IN	12 M 45-49	23:56	7:40/M
64	Linda Anderson	Fort Wayne IN	2 F 40-44	23:59	7:41/M
65	Jim Thill	Fort Wayne IN	8 M 40-44	24:05	7:43/M
66	Jim Weide	Fort Wayne IN	9 M 50-54	24:07	7:44/M
67	Janet Souder	Fort Wayne IN	1 F 25-29	24:09	7:44/M
68	Staci Beiswanger	South Whitley IN	3 F 40-44	24:10	7:45/M
69	Michael Variell	Convoy OH	13 M 45-49	24:11	7:45/M
70	Jim Pickett	Fort Wayne IN	1 M 55-59	24:22	7:49/M
71	Randy Hockemeyer	Decatur IN	6 M 35-39	24:24	7:49/M
72	Angela Palevich	Fort Wayne IN	1 F 20-24	24:27	7:50/M
73	Michael Clendenen	New Haven IN	10 M 50-54	24:28	7:51/M
74	Adam Merklind	Athens GA	3 M 18-19	24:32	7:52/M
75	David Geiger	Churubusco IN	9 M 40-44	24:38	7:54/M
76	Donald Kramer	Van Wert OH	11 M 50-54	24:43	7:55/M
77	Kent C Ober	Fort Wayne IN	3 M 60-64	24:44	7:56/M
78	Jeff Steinberg	Fort Wayne IN	10 M 40-44	24:47	7:57/M
79	Thomas Boyer	Fort Wayne IN	12 M 50-54	24:54	7:59/M
80	Rick Sawyer	Fort Wayne IN	11 M 40-44	24:59	8:00/M
81	Steven A West	Fort Wayne IN	13 M 50-54	25:04	8:02/M
82	Mike Stone	Fort Wayne IN	14 M 45-49	25:05	8:02/M
83	Phyllis Suelzer	Fort Wayne IN	1 F 50-54	25:07	8:03/M
84	Jack Seigel	Fort Wayne IN	4 M 60-64	25:08	8:03/M
85	Ken Steiner	Roanoke IN	12 M 40-44	25:12	8:05/M
86	Michelle Scheele	Fort Wayne IN	1 F 35-39	25:15	8:06/M
87	Frank Hunt	Fort Wayne IN	13 M 40-44	25:18	8:07/M
88	David Kauffman	Fort Wayne IN	6 M 30-34	25:27	8:09/M
89	Kevin Truelove	Fort Wayne IN	15 M 45-49	25:35	8:12/M
90	Kimberly Summers	Fort Wayne IN	2 F 35-39	25:38	8:13/M

Place	Name	City	Age Group	Time	Pace
91	Jenny Ho	Fort Wayne IN	1 F 16-17	25:42	8:14/M
92	Amy Stephan	Fort Wayne IN	2 F 25-29	25:44	8:15/M
93	Tim Miller	Fort Wayne IN	14 M 50-54	26:00	8:20/M
94	Jessica Dunn	Decatur IN	4 F 0-15	26:02	8:21/M
95	Jim Dunn	Decatur IN	16 M 45-49	26:15	8:25/M
96	Mike Wemhoff	Fort Wayne IN	14 M 40-44	26:17	8:25/M
97	David E Boylan	Fort Wayne IN	5 M 60-64	26:19	8:26/M
98	John Colter	Harlan IN	4 M 18-19	26:20	8:26/M
99	Rich Runion	Fort Wayne IN	7 M 35-39	26:27	8:29/M
100	Anne Ehinger	Fort Wayne IN	4 F 40-44	26:28	8:29/M
101	Kim Terrill	Fort Wayne IN	3 F 35-39	26:32	8:30/M
102	Geoff Randolph	Fort Wayne IN	15 M 50-54	26:35	8:31/M
103	Manuel Martinez	Fort Wayne IN	2 M 0-15	26:36	8:32/M
104	Eva Sagan	Fort Wayne IN	3 F 30-34	26:42	8:33/M
105	Kent Hart	Decatur IN	15 M 40-44	26:45	8:34/M
106	John David McPherson	Fort Wayne IN	16 M 50-54	26:56	8:38/M
107	Austin Agler	Fort Wayne IN	3 M 0-15	27:01	8:40/M
108	Ashley Likens	Auburn IN	5 F 0-15	27:01	8:40/M
109	Luke Martinez	Fort Wayne IN	4 M 0-15	27:15	8:44/M
110	Joey Corbat	Fort Wayne IN	5 M 0-15	27:18	8:45/M
111	Quinn Farver	Fort Wayne IN	17 M 45-49	27:18	8:45/M
112	Sam Hadley	Grabill IN	17 M 50-54	27:26	8:48/M
113	Colson Hadley	Grabill IN	6 M 0-15	27:26	8:48/M
114	Megan Fick	Fort Wayne IN	2 F 16-17	27:35	8:50/M
115	Steve Edmiston	New Haven IN	18 M 45-49	27:40	8:52/M
116	William Colter	Harlan IN	18 M 50-54	27:46	8:54/M
117	Rich Stephenson	Munroeville IN	2 M 55-59	28:17	9:04/M
118	Andrew Barry	Fort Wayne IN	16 M 40-44	28:29	9:08/M
119	Erin Cox	Fort Wayne IN	6 F 0-15	28:30	9:08/M
120	Grace Burris	Auburn IN	7 F 0-15	28:31	9:08/M
121	Robert Lawson	Fort Wayne IN	3 M 55-59	28:32	9:09/M
122	Mark Archer	Fort Wayne IN	7 M 30-34	28:34	9:09/M
123	Mark Jones	North Manchester	19 M 50-54	28:35	9:10/M
124	Dan Barnes	Fort Wayne IN	4 M 55-59	28:50	9:14/M
125	Michael Hollis	Fort Wayne IN	8 M 35-39	28:59	9:17/M
126	Jack Morris	Auburn IN	1 M 65-69	29:22	9:25/M
127	Robert C Loomis	Monroeville IN	1 M 70-74	29:27	9:26/M
128	Lynn T Bobay	Fort Wayne IN	20 M 50-54	29:33	9:28/M
129	Dick Hamly	Fort Wayne IN	2 M 65-69	29:34	9:29/M
130	Linette Barry	Fort Wayne IN	5 F 40-44	29:45	9:32/M
131	Josh Ware	Fort Wayne IN	7 M 0-15	29:52	9:34/M
132	Rick Hiller	Fort Wayne IN	21 M 50-54	29:56	9:36/M
133	Susan Markey	Fort Wayne IN	2 F 50-54	30:15	9:42/M
134	Elizabeth Scheer	Huntington IN	4 F 45-49	30:29	9:46/M
135	Joan Gary	Fremont IN	1 F 65-69	30:30	9:47/M
136	Susan Okleshen	New Haven IN	5 F 45-49	30:35	9:48/M
137	Emily Sterneman	Fort Wayne IN	8 F 0-15	31:01	9:56/M
138	Walt Sterneman	Fort Wayne IN	22 M 50-54	31:08	9:59/M
139	Susan Imler	Fort Wayne IN	4 F 35-39	31:17	10:02/M
140	Nancy Burris	Auburn IN	5 F 35-39	32:18	10:21/M
141	Breni Burris	Auburn IN	9 M 35-39	32:18	10:21/M
142	Steven Greider	Fort Wayne IN	5 M 55-59	32:20	10:22/M
143	Sarah Kleinknight	Fort Wayne IN	1 F 60-64	33:10	10:38/M
144	Helen Ryan	Fort Wayne IN	3 F 50-54	33:55	10:52/M
145	Tom Fuelling	Fort Wayne IN	6 M 55-59	34:07	10:56/M
146	Don Anderson	Fort Wayne IN	1 M 75-79	34:15	10:59/M
147	Susan McCracken	Fort Wayne IN	6 F 40-44	34:22	11:01/M
148	Sallie Corbat	Fort Wayne IN	7 F 40-44	34:22	11:01/M
149	Susan Peterson	Albion IN	4 F 50-54	34:24	11:02/M
150	Kalissa Blanchette	Fort Wayne IN	1 F 18-19	34:25	11:02/M
151	Joseph Nayarkas	Fort Wayne IN	23 M 50-54	34:29	11:03/M
152	Nancy Boyer	Fort Wayne IN	5 F 50-54	34:52	11:11/M
153	Jonathan E Schlatter	Fort Wayne IN	19 M 45-49	35:19	11:19/M
154	Weston Young	Indianapolis IN	6 M 25-29	35:44	11:27/M
155	Kim Markey	Fort Wayne IN	6 F 45-49	36:08	11:35/M
156	Laura Hunter	New Haven IN	2 F 20-24	37:06	11:53/M
157	Christa Hunter	New Haven IN	2 F 18-19	37:09	11:54/M
158	Tara Childs	Sherwood AR	3 F 25-29	37:09	11:54/M
159	Kerri Hamilton	Fort Wayne IN	6 F 35-39	37:10	11:55/M
160	Cody Hamilton	Fort Wayne IN	8 M 0-15	37:39	12:04/M
161	Julianne Will	Fort Wayne IN	4 F 30-34	37:57	12:10/M
162	Betty Greider	Fort Wayne IN	8 F 40-44	38:11	12:14/M
163	Regina Blanchette	Fort Wayne IN	6 F 50-54	38:30	12:20/M
164	Bridget Clements	Fort Wayne IN	5 F 30-34	38:32	12:21/M
165	Susan Will	Hoagland IN	1 F 55-59	38:59	12:30/M
166	Christy Blohm	Decatur IN	3 F 18-19	41:39	13:21/M
167	Cynthia Owens	Fort Wayne IN	9 F 40-44	41:42	13:22/M
168	Laura Martinez	Fort Wayne IN	10 F 40-44	41:52	13:25/M
169	Manuel Martinez	Fort Wayne IN	17 M 40-44	41:53	13:25/M
170	Sherry Variell	Convoy OH	7 F 50-54	43:24	13:55/M
171	Kenneth E Disler	Fort Wayne IN	1 M 80-99	45:35	14:37/M

Results By Fort Wayne Track Club

Jingle Bell Run for Arthritis 5K November 13, 2005

Place	Name	City	Age Group	Time
1	Casey Shafer	Bluffton IN	*** M 25-29	15:47
2	Peter Casaletto	Goshen IN	1 M 30-34	15:59
3	Tyler Reese	Paulding OH	1 M 15-19	17:10
4	Anton Crepinsek	Osceola IN	2 M 15-19	17:36
5	Paul Furniss	Angola IN	1 M 35-39	17:38
6	Richard Kempf	Fort Wayne IN	1 M 45-49	17:44
7	Brad A Thomas	Fort Wayne IN	2 M 30-34	17:53
8	Matt Foreman	Fort Wayne IN	1 M 40-44	18:59
9	Scott Ecclestone	Fort Wayne IN	2 M 40-44	19:03
10	James Marün	Fort Wayne IN	1 M 11-14	19:04
11	Donny Heath	Roanoke IN	2 M 11-14	19:12
12	Matt Miller	Waterloo IN	1 M 25-29	19:16
13	Brad Hess	Fort Wayne IN	3 M 11-14	19:27
14	Dan Green	Fort Wayne IN	1 M 50-54	19:30
15	Tammy Casaletto	Goshen IN	*** F 35-39	19:32
16	Andrew Eckrich	Fort Wayne IN	4 M 11-14	19:36
17	Dashon Smith	Fort Wayne IN	1 M 20-24	19:44
18	Tyrae Wilson	Fort Wayne IN	1 F 15-19	19:46
19	John Treleaven	Fort Wayne IN	2 M 50-54	20:10
20	Noah Norris	Fort Wayne IN	5 M 11-14	20:24
21	Kathryn Morriscal	Grabill IN	2 F 15-19	20:26
22	Ciersten Deardorf	Fort Wayne IN	1 F 11-14	20:32
23	Sarah Thrall	Fort Wayne IN	1 F 25-29	20:35
24	Nathaniel Rogers	Convoy OH	3 M 15-19	20:43
25	Luke Momper	Fort Wayne IN	6 M 11-14	20:47
26	James McKinnon	Waterloo IN	2 M 45-49	20:52
27	Andrew Lundquist	Fort Wayne IN	7 M 11-14	21:10
28	Alex Hess	Fort Wayne IN	1 M 0-10	21:13
29	Mark Waldron	Wawaka IN	3 M 45-49	21:24
30	Dane Okleshen	New Haven IN	4 M 15-19	21:31
31	Brody Reinhold	Warsaw IN	8 M 11-14	21:33
32	Bradley Hovanec	Fort Wayne IN	9 M 11-14	21:36
33	Jessica Palevich	Fort Wayne IN	3 F 15-19	21:45
34	Matt Scott	Warsaw IN	2 M 35-39	21:54
35	Steve Creighton	Warsaw IN	1 M 60-64	21:59
36	Rick Briars	Fort Wayne IN	3 M 35-39	22:04
37	Connor O'Shaughnessy	Fort Wayne IN	10 M 11-14	22:08
38	Mark O'Shaughnessy	Fort Wayne IN	4 M 45-49	22:09
39	Ardienne Berry	Fort Wayne IN	2 F 11-14	22:16
40	Robert Milton	Bluffton IN	2 M 60-64	22:22
41	Joe Wuest	Fort Wayne IN	11 M 11-14	22:33
42	Michael Overdahl	Fort Wayne IN	5 M 45-49	22:36
43	Eric Jay	Fort Wayne IN	12 M 11-14	22:39
44	Rebecca Downs	Fort Wayne IN	4 F 15-19	22:45
45	Billy McManus	Fort Wayne IN	13 M 11-14	22:48
46	Michael McManus	Fort Wayne IN	3 M 40-44	22:50
47	Craig Bobay	Fort Wayne IN	6 M 45-49	22:51
48	Kerry Blanchette	Fort Wayne IN	3 M 50-54	22:51
49	Cindy McGovern	Fort Wayne IN	1 F 40-44	22:54
50	Joe Donnell	Fort Wayne IN	7 M 45-49	22:56
51	Jill Wehrly	Warsaw IN	1 F 20-24	22:59
52	Mike Cox	Spencerville IN	4 M 50-54	23:01
53	Tyler Wemhoff	Fort Wayne IN	14 M 11-14	23:02
54	Joe Astroski	Fort Wayne IN	8 M 45-49	23:04
55	Larson Wuest	Fort Wayne IN	15 M 11-14	23:05
56	Dayshia Burnett	Fort Wayne IN	5 F 15-19	23:11
57	Cara Fisher	Fort Wayne IN	3 F 11-14	23:11
58	Shawn Kelley	Churubusco IN	16 M 11-14	23:12
59	Michael Clendenen	New Haven IN	5 M 50-54	23:19
60	Morgan Grobis	Lagrange IN	4 F 11-14	23:26
61	Bob Carpenter	Fort Wayne IN	1 M 55-59	23:30
62	Heidi Kissner	Leo IN	1 F 30-34	23:32
63	Bruce Kingsbury	Fort Wayne IN	9 M 45-49	23:35
64	Ron Norton	Fort Wayne IN	4 M 40-44	23:41
65	Rob Norton	Fort Wayne IN	4 M 35-39	23:44
66	Randy Jenkins	Fort Wayne IN	6 M 50-54	23:45
67	Kate Desimone	Fort Wayne IN	5 F 11-14	23:47
68	Emily Pinkerton	Liberty Center IN	6 F 11-14	23:48
69	Scott Holimeyer	Fort Wayne IN	5 M 35-39	23:54
70	Angela Palevich	Fort Wayne IN	2 F 20-24	23:59
71	Spence Stuckey	Columbia City IN	3 M 30-34	24:01
72	Steph Asher	Kendallville IN	3 F 20-24	24:05
73	Janet Souder	Fort Wayne IN	2 F 25-29	24:11
74	Linda Anderson	Fort Wayne IN	2 F 40-44	24:13
75	Laura Donnell	Fort Wayne IN	7 F 11-14	24:15
76	Jim Thill	Fort Wayne IN	5 M 40-44	24:20
77	Amy Archbold	Fort Wayne IN	2 F 30-34	24:28
78	Jim Desimon	Fort Wayne IN	10 M 45-49	24:30
79	Bryan Martin	Churubusco IN	5 M 15-19	24:33
80	Nora Lucas	Fremont IN	4 F 20-24	24:35
81	Kelly Kaufman	Fort Wayne IN	3 F 30-34	24:42
82	Steve Romany	New Haven IN	7 M 50-54	24:44
83	Teresa Dyer	Harlan IN	4 F 30-34	24:55
84	Bill Fisher	Fort Wayne IN	6 M 35-39	24:59
85	Kent Hart	Decatur IN	6 M 40-44	25:07
86	Matt Fachler	Fort Wayne IN	17 M 11-14	25:11
87	Greg Hermes	Fort Wayne IN	8 M 50-54	25:20
88	Sean McManus	Fort Wayne IN	2 M 0-10	25:31

Jingle Bell Run for Arthritis 5K November 13, 2005

Place	Name	City	Age Group	Time
89	Stacie Schleider	Fort Wayne IN	6 F 15-19	25:32
90	Jessica Williams	Fort Wayne IN	7 F 15-19	25:34
91	David Kaufman	Fort Wayne IN	7 M 35-39	25:36
92	Kaitlin Boester	Fort Wayne IN	8 F 15-19	25:42
93	Sam Fisher	Fort Wayne IN	3 M 0-10	25:44
94	Mary McManus	Fort Wayne IN	1 F 50-54	25:46
95	Susan King	Fort Wayne IN	3 F 25-29	25:50
96	Kara Calhoun	North Webster IN	5 F 30-34	26:08
97	Matt Momper	Fort Wayne IN	7 M 40-44	26:11
98	Austin Lundquist	Fort Wayne IN	18 M 11-14	26:13
99	Stephanie Houser	Fort Wayne IN	9 F 15-19	26:15
100	Kevin Wuest	Fort Wayne IN	4 M 0-10	26:21
101	Mike Wemhoff	Fort Wayne IN	8 M 40-44	26:22
102	Toby Jo Hullinger	Monroeville IN	11 M 45-49	26:28
103	Danielle Sullivan	Fort Wayne IN	6 F 30-34	26:31
104	Kyan Harris	Bluffton IN	4 F 25-29	27:17
105	Katie Kingsbury	Fort Wayne IN	3 F 40-44	27:24
106	Terry Lundquist	Fort Wayne IN	9 M 40-44	27:27
107	Kasi Maple	Fort Wayne IN	5 F 25-29	27:30
108	Shannon Johnson	Leesburg IN	6 F 25-29	27:41
109	David Daugherty	Scott OH	4 M 30-34	27:44
110	Jean Stuckey	Columbia City IN	7 F 30-34	27:51
111	Michael Hollis	Fort Wayne IN	8 M 35-39	27:53
112	Steve Edmiston	New Haven IN	12 M 45-49	27:53
113	Robert Lawson	Fort Wayne IN	2 M 55-59	28:10
114	Joy Dunno	Decatur IN	4 F 40-44	28:11
115	Dan Barnes	Fort Wayne IN	3 M 55-59	28:14
116	Erin Cox	Fort Wayne IN	8 F 11-14	28:16
117	Susan Okleshen	New Haven IN	1 F 45-49	28:30
118	Penny Gregory	New Haven IN	2 F 45-49	28:48
119	Cristine Gulbranson	Fort Wayne IN	10 F 15-19	28:55
120	David Vanliere	Huntington IN	4 M 55-59	29:03
121	Neil Anderson	Fort Wayne IN	9 M 50-54	29:26
122	Larry Piano	Fort Wayne IN	5 M 55-59	29:41
123	Janet Redding	Fort Wayne IN	11 F 15-19	29:59
124	Tizeta Darge	Huntertown IN	9 F 11-14	30:00
125	Renee Herron	Churubusco IN	1 F 35-39	30:03
126	Marilyn Koeneman	Fort Wayne IN	5 F 40-44	30:12
127	Nancy Wellman	New Haven IN	2 F 35-39	30:14
128	Susan Peterson	Albion IN	2 F 50-54	30:33
129	Cecelia Snow	Fort Wayne IN	1 F 0-10	30:39
130	Mary Snow	Fort Wayne IN	3 F 45-49	30:43
131	Robert Snow	Fort Wayne IN	10 M 50-54	30:45
132	Helen Ryan	Fort Wayne IN	3 F 50-54	31:15
133	Dee Howell	Convoy OH	1 F 55-59	31:23
134	Jerry Hakes	Fort Wayne IN	6 M 55-59	31:36
135	Samantha Mahi	Fort Wayne IN	10 F 11-14	31:40
136	Johnathon Jedinak	New Haven IN	19 M 11-14	32:03
137	Edward Gebhart	Albion IN	1 M 65-69	32:06
138	Tyler Else	Fort Wayne IN	5 M 0-10	32:47
139	Mike Elise	Fort Wayne IN	9 M 35-39	32:48
140	Marcus Howell	Convoy OH	6 M 0-10	32:55
141	Kalissa Blanchette	Fort Wayne IN	12 F 15-19	34:15
142	Desirea Wysong	Huntertown IN	11 F 11-14	34:27
143	Sarah Kern	Leo IN	8 F 30-34	34:37
144	Betty Greider	Fort Wayne IN	6 F 40-44	35:50
145	Jake Sakells	Fort Wayne IN	20 M 11-14	36:08
146	Chelsea Bradburn	Huntertown IN	13 F 15-19	36:17
147	Stefanie Johnston	Fort Wayne IN	3 F 35-39	36:27
148	Tim Johnson	Fort Wayne IN	10 M 35-39	36:30
149	Gabriella Scott	Warsaw IN	2 F 0-10	37:00
150	Regina Blanchette	Fort Wayne IN	4 F 50-54	39:09
151	Sue Wuest	Fort Wayne IN	7 F 40-44	39:16
152	Jean Carmean	Decatur IN	3 F 0-10	39:18
153	Brandon Reinhold	Warsaw IN	7 M 0-10	39:31
154	Cynthia Owens	Fort Wayne IN	8 F 40-44	40:15
155	James Grobis	Lagrange IN	13 M 45-49	41:34
156	Rhonda Keman	Fort Wayne IN	4 F 45-49	42:21
157	Joe Howell	Convoy OH	1 M 70-98	43:01
158	Jacob Astoski	Fort Wayne IN	21 M 11-14	43:28
159	Garrett Reinhold	Warsaw IN	8 M 0-10	43:51
160	Brent Reinhold	Warsaw IN	11 M 35-39	43:57
161	Kari Milliken	Mishawaka IN	5 F 45-49	43:58
162	Susan Grobis	Lagrange IN	6 F 45-49	44:00
163	Ashley Stuckey	Columbia City IN	5 F 20-24	44:25
164	Kate White	Roanoke IN	4 F 0-10	45:27
165	MacKenzie Martinez	Columbia City IN	5 F 0-10	45:30
166	Ben Rogers	Convoy OH	6 M 15-19	45:46
167	Kathi Carpenter	Fort Wayne IN	5 F 50-54	46:09
168	Lisa Wehrly	Warsaw IN	7 F 45-49	46:11
169	Amy Wehrly	Warsaw IN	14 F 15-19	46:12
170	Laura Benedict	Warsaw IN	9 F 40-44	46:15
171	Robert Wehrly	Warsaw IN	14 M 45-49	46:47
172	Bart Benedict	Warsaw IN	12 M 35-39	46:49
173	Kathleen Cox	Fort Wayne IN	6 F 50-54	47:09
174	James Richards	Geneva IN	2 M 70-98	47:25
175	Denise Antinucci	Fort Wayne IN	8 F 45-49	48:21
176	Cheryl Astroski	Fort Wayne IN	9 F 45-49	48:25

Jingle Bell Run for Arthritis 5K November 13, 2005

Place	Name	City	Age Group	Time
177	Becky Astroski	Fort Wayne IN	15 F 15-19	48:28
178	Kurt Eisbrenner	Fort Wayne IN	11 M 50-54	48:34
179	Marianne Dynten	Fort Wayne IN	7 F 50-54	48:36
180	Erica Gebhart	Albion IN	7 F 25-29	49:12
181	Debra Gross	Churubusco IN	10 F 40-44	49:17
182	Laura Sakells	Fort Wayne IN	11 F 40-44	49:19
183	McKenna Tuggle	Fort Wayne IN	6 F 0-10	49:54
184	Tressa Tuggle	Fort Wayne IN	9 F 30-34	50:02
185	Nicholas Shaw	Fort Wayne IN	2 M 20-24	50:30
186	Sarah Beatty	Fort Wayne IN	6 F 20-24	50:32
187	John Bireley	Fort Wayne IN	3 M 20-24	50:34
188	Jill Bireley	Fort Wayne IN	7 F 20-24	50:42
189	Deb Barnes	Fort Wayne IN	8 F 50-54	50:44
190	Roxanne Carpenter	Fort Wayne IN	9 F 50-54	50:45
191	Gail Alterkruse	Fort Wayne IN	10 F 50-54	50:49
192	Lisa Boester	Fort Wayne IN	16 F 15-19	50:51
193	Cassie Taylor	Fort Wayne IN	17 F 15-19	50:52
194	Lauren White	Roanoke IN	12 F 11-14	50:53
195	Jimmy Schantz	Fort Wayne IN	9 M 0-10	50:54
196	Andrea Wolf	Fort Wayne IN	10 F 45-49	52:19
197	Heather Vanden Top	Yoder IN	12 F 40-44	52:21
198	Devon Wolf	Fort Wayne IN	22 M 11-14	52:23
199	Jan King	Fort Wayne IN	2 F 55-59	52:46
200	Judy Kyro	Fort Wayne IN	1 F 60-64	53:05
201	Shelby Border	Zionsville IN	7 F 0-10	53:55
202	Sabrina Hollis	Fort Wayne IN	8 F 0-10	54:01
203	Ben Border	Zionsville IN	10 M 0-10	54:31
204	Sharen Gall	Fort Wayne IN	4 F 35-39	56:28
205	Nancy White	Roanoke IN	5 F 35-39	57:33
206	Tami Hollis	Fort Wayne IN	13 F 40-44	57:38
207	Savannah Hollis	Fort Wayne IN	9 F 0-10	57:43
208	Spencer Hollis	Fort Wayne IN	11 M 0-10	57:56
209	Stephanie Gall	Fort Wayne IN	10 F 0-10	58:24
210	Tim Gall	Fort Wayne IN	12 M 50-54	58:33
211	Michelle Wood	Fort Wayne IN	14 F 40-44	58:34
212	Stephanie Beesley	Fort Wayne IN	15 F 40-44	58:37
213	Heather Hursey	Fort Wayne IN	6 F 35-39	58:38
214	Ali Clemmer	Fort Wayne IN	11 F 0-10	58:39
215	Mary Clemmer	Fort Wayne IN	11 F 45-49	58:40
216	Greg Umphrey	New Haven IN	15 M 45-49	59:04
217	Cheri Umphrey	New Haven IN	12 F 45-49	59:08
218	Sarah Camino	Fort Wayne IN	12 F 0-10	59:55
219	Elizabeth White	Fort Wayne IN	7 F 35-39	59:58
220	Emma White	Fort Wayne IN	13 F 0-10	1:00:00
221	Morgan White	Fort Wayne IN	14 F 0-10	1:00:15
222	Lynn Camino	Fort Wayne IN	8 F 35-39	1:00:46
223	Caitlin Holtmeyer	Fort Wayne IN	15 F 0-10	1:07:53
224	Dawn Holtmeyer	Fort Wayne IN	9 F 35-39	1:07:55
225	Steven Reinhold	Warsaw IN	12 M 0-10	1:08:16
226	Tracy Reinhold	Warsaw IN	10 F 35-39	1:08:19

Results By Fort Wayne Track Club

Sixth Annual River City Rat Race 10K October 29, 2005

Place	Name	City	Age Group	Time	Pace
1	Casey Shafer	Bluffton IN	*** M 25-29	31:29	5:04/M
2	James Kennedy	Warsaw IN	1 M 25-29	32:06	5:10/M
3	Ron Sharp	Fort Wayne IN	*** M 40-44	34:42	5:35/M
4	Jacob Short	Muncie IN	1 M 18-19	35:34	5:44/M
5	Chuck Schlemmer	Ligonier IN	1 M 40-44	36:23	5:52/M
6	Michael Henry	Fort Wayne IN	2 M 40-44	36:30	5:53/M
7	Jerry Williams Jr.	Fort Wayne IN	1 M 45-49	36:33	5:53/M
8	Mike Slaubaugh	Fort Wayne IN	2 M 45-49	36:37	5:54/M
9	Tim Freeman	Fort Wayne IN	1 M 35-39	36:51	5:56/M
10	Eric White	Roanoke IN	3 M 40-44	37:25	6:02/M
11	Kurt Walborn	Fort Wayne IN	4 M 40-44	37:28	6:02/M
12	Brad A Thomas	Fort Wayne IN	1 M 30-34	37:33	6:03/M
13	Arturo Arredondo	Fort Wayne IN	2 M 35-39	37:37	6:03/M
14	Bernie Zoll	Bluffton IN	2 M 30-34	37:46	6:05/M
15	Robert Minnich, Jr	Fort Wayne IN	3 M 35-39	38:24	6:11/M
16	Matt Foreman	Fort Wayne IN	5 M 40-44	38:45	6:14/M
17	Brad Altevogt	Fort Wayne IN	1 M 50-54	38:45	6:14/M
18	Jay Prichard	Van Wert OH	3 M 45-49	38:57	6:16/M
19	Phil Suelzer	Fort Wayne IN	2 M 50-54	39:01	6:17/M
20	Edward Fisk	Fort Wayne IN	2 M 25-29	39:16	6:19/M
21	Charles Kimani	Fort Wayne IN	3 M 25-29	39:27	6:21/M
22	Mark O'Shaughnessy	Fort Wayne IN	4 M 45-49	39:27	6:21/M

Sixth Annual River City Rat Race 10K October 29, 2005

Place	Name	City	Age Group	Time	Pace
23	Kevin Knight	Fort Wayne IN	4 M 25-29	39:37	6:23/M
24	Jeff Stewart	Fort Wayne IN	4 M 35-39	39:48	6:25/M
25	Erin Nerille	Saint Augustine	*** F 30-34	39:50	6:25/M
26	Joe Savina	Fort Wayne IN	5 M 35-39	40:13	6:29/M
27	John Treleven	Fort Wayne IN	3 M 50-54	40:25	6:30/M
28	Kim Ellis	Winona IN	1 F 20-24	41:04	6:37/M
29	Dashon Smith	Fort Wayne IN	1 M 20-24	41:14	6:38/M
30	Donny Heath	Roanoke IN	1 M 0-15	41:14	6:38/M
31	Trent Prough	Markle IN	3 M 30-34	41:21	6:40/M
32	Paul Shaffer	Decatur IN	5 M 45-49	41:25	6:40/M
33	Andrew Eckrich	Fort Wayne IN	2 M 0-15	41:26	6:40/M
34	Lloyd Hansen	Bloomfield Hills	1 M 55-59	41:30	6:41/M
35	Gary Schmunk	Antwerp OH	4 M 50-54	41:32	6:41/M
36	Thomas Gilbert	Fort Wayne IN	6 M 35-39	41:37	6:42/M
37	Bill Lehman	Winona IN	7 M 35-39	41:43	6:43/M
38	Anthony Dembickie	Fort Wayne IN	4 M 30-34	41:44	6:43/M
39	Chuck Putterbaugh	Roanoke IN	6 M 45-49	41:50	6:44/M
40	Paula Rickerd	Fort Wayne IN	1 F 35-39	42:17	6:49/M
41	Jason Appel	Fort Wayne IN	5 M 30-34	42:22	6:49/M
42	Tammy Behrens	Fort Wayne IN	1 F 30-34	42:29	6:50/M
43	Jordan Lebamoff	Fort Wayne IN	8 M 35-39	42:35	6:51/M
44	Darlene Barton	Fort Wayne IN	2 F 30-34	42:39	6:52/M
45	Connor O'Shaughnessy	Fort Wayne IN	3 M 0-15	42:42	6:53/M
46	Damean Rinehold	Fort Wayne IN	6 M 30-34	42:52	6:54/M
47	John Sites	Peru IN	5 M 50-54	43:22	6:59/M
48	Matt Scott	Warsaw IN	9 M 35-39	43:27	7:00/M
49	Chris J Scagnoli	Fort Wayne IN	2 M 20-24	43:32	7:01/M
50	Mike Fream	Fort Wayne IN	10 M 35-39	43:34	7:01/M
51	Bob Bruckner	Fort Wayne IN	1 M 60-64	43:41	7:02/M
52	Kyle Fawcett	Decatur IN	4 M 0-15	43:46	7:03/M
53	Daniel Nestel	Fort Wayne IN	7 M 45-49	43:47	7:03/M
54	Judy White	Fort Wayne IN	*** F 45-49	43:53	7:04/M
55	Ken Long	Fort Wayne IN	2 M 55-59	43:53	7:04/M
56	Kathryn Morriscal	Grabill IN	1 F 18-19	44:18	7:08/M
57	Dan Cumiskey	Fort Wayne IN	6 M 40-44	44:50	7:13/M
58	Angela Dertlosbon	Fort Wayne IN	2 F 35-39	44:54	7:14/M
59	Paul Later	Fort Wayne IN	7 M 40-44	44:59	7:15/M
60	Tom Lill	Fort Wayne IN	8 M 45-49	45:00	7:15/M
61	Mark Frasier	Indianapolis IN	5 M 25-29	45:02	7:15/M
62	Denise Conrad	Decatur IN	1 F 40-44	45:03	7:15/M
63	Michael Peters	Fort Wayne IN	8 M 40-44	45:05	7:16/M
64	Robert Novak	Fort Wayne IN	9 M 40-44	45:06	7:16/M
65	Haley Nelson	New Haven IN	1 F 0-15	45:13	7:17/M
66	Mike Elsc	Fort Wayne IN	11 M 35-39	45:17	7:18/M
67	Ray Casiano	New Haven IN	2 M 60-64	45:20	7:18/M
68	Dave Reichwage	Fort Wayne IN	3 M 55-59	45:30	7:20/M
69	Mike Slaven	Fort Wayne IN	7 M 30-34	45:38	7:21/M
70	Darren Stoney	Fort Wayne IN	8 M 30-34	45:39	7:21/M
71	Julie McNulty	Fort Wayne IN	2 F 40-44	45:45	7:22/M
72	Shane Okleaf	Fort Wayne IN	3 M 20-24	45:54	7:23/M
73	David Boyer	Fort Wayne IN	2 M 18-19	45:58	7:24/M
74	Jennifer Steigmeyer	Fort Wayne IN	3 F 35-39	46:01	7:25/M
75	Rebecca Hollenbaugh	South Whitley IN	3 F 30-34	46:02	7:25/M
76	Natalie Kloter	Warren IN	1 F 25-29	46:05	7:25/M
77	Gabrielle Housman	Woodburn IN	2 F 0-15	46:05	7:25/M
78	Tom Foss	Hartat IN	9 M 45-49	46:07	7:26/M
79	Scott Harper	Fort Wayne IN	10 M 40-44	46:07	7:26/M
80	Sheryle Braaten	Hoagland IN	1 F 45-49	46:09	7:26/M
81	Kirby Moss	Fort Wayne IN	6 M 50-54	46:10	7:26/M
82	Cindy McGovern	Fort Wayne IN	3 F 40-44	46:12	7:26/M
83	Bruce Carpenter	Fort Wayne IN	9 M 30-34	46:12	7:26/M
84	Michael Reed	Fort Wayne IN	6 M 25-29	46:16	7:27/M
85	Kristian Lentz	Huntertown IN	10 M 30-34	46:35	7:30/M
86	Mike Colligan	Fort Wayne IN	11 M 40-44	46:37	7:30/M
87	Mike Cox	Spencerville IN	7 M 50-54	46:40	7:31/M
88	Aaron Cox	Huntertown IN	8 M 50-54	46:42	7:31/M
89	David Korte	Fort Wayne IN	12 M 40-44	46:44	7:32/M
90	David Edsall	Fort Wayne IN	10 M 45-49	46:51	7:33/M
91	Courtney Chapman	Leo IN	3 F 0-15	46:53	7:33/M
92	Thomas J Felts	Fort Wayne IN	9 M 50-54	47:01	7:34/M
93	David O'Connor	Fort Wayne IN	7 M 25-29	47:01	7:34/M
94	David Roehling	Harlan IN	11 M 45-49	47:01	7:34/M
95	Mark Wolf	Huntertown IN	12 M 35-39	47:02	7:34/M
96	Brian Carpenter	Andrews IN	13 M 35-39	47:06	7:35/M
97	Jeff Steinberg	Fort Wayne IN	13 M 40-44	47:07	7:35/M
98	Emil Woerner	Fort Wayne IN	14 M 40-44	47:11	7:36/M
99	Jim Bougher	Fort Wayne IN	15 M 40-44	47:13	7:36/M
100	Terry Anderson	Fort Wayne IN	10 M 50-54	47:18	7:37/M
101	Jessica McNulty	Fort Wayne IN	1 F 16-17	47:20	7:37/M
102	Laurissa Roth	Berne IN	2 F 20-24	47:25	7:38/M
103	Kerry Blanchette	Fort Wayne IN	11 M 50-54	47:27	7:38/M
104	David J Brown	Fort Wayne IN	3 M 60-64	47:33	7:39/M
105	April Ross	Fort Wayne IN	2 F 25-29	47:37	7:40/M
106	Tom Childers	Fort Wayne IN	12 M 45-49	47:40	7:41/M
107	Gary Brooks	Fort Wayne IN	16 M 40-44	47:43	7:41/M
108	Michael Overdahl	Fort Wayne IN	13 M 45-49	47:44	7:41/M
109	William Cook	Fort Wayne IN	17 M 40-44	47:44	7:41/M
110	Rick Briars	Fort Wayne IN	14 M 35-39	47:46	7:42/M
111	Arlo Kipler	Fishers IN	11 M 30-34	47:48	7:42/M

Sixth Annual River City

Rat Race 10K

October 29, 2005

Place	Name	City	Age Group	Time	Pace
112	Lana Beregszazi	Fort Wayne IN	3 F 20-24	47:53	7:43/M
113	Jeremy Ogle	Fort Wayne IN	12 M 30-34	47:58	7:43/M
114	Kevin Giant	Fort Wayne IN	12 M 50-54	47:58	7:43/M
115	Eric Edmiston	New Haven IN	5 M 0-15	48:04	7:44/M
116	Jill Wehrly	Warsaw IN	4 F 20-24	48:06	7:45/M
117	Eric Merrill	Huntington IN	15 M 35-39	48:09	7:45/M
118	Tim Maxson	Fort Wayne IN	13 M 30-34	48:10	7:45/M
119	Brett Carpenter	Fort Wayne IN	16 M 35-39	48:11	7:46/M
120	Michael Derose	Fort Wayne IN	14 M 30-34	48:13	7:46/M
121	Thaddeus Borchers	Winona Lake IN	17 M 35-39	48:15	7:46/M
122	Tim Miller	Fort Wayne IN	13 M 50-54	48:21	7:47/M
123	James Mischlup	Fort Wayne IN	18 M 35-39	48:24	7:48/M
124	John N Link	New Haven IN	14 M 45-49	48:27	7:48/M
125	Andrea Kropf	Roanoke IN	4 F 30-34	48:37	7:50/M
126	Angie Amorini	Fort Wayne IN	5 F 30-34	48:38	7:50/M
127	Joe Astroski	Fort Wayne IN	15 M 45-49	48:41	7:50/M
128	Erin Brady	Fort Wayne IN	6 F 30-34	48:47	7:51/M
129	A Kate Kinley	Fort Wayne IN	4 F 0-15	48:47	7:51/M
130	Jeff Eshelman	Albany IN	16 M 45-49	48:50	7:52/M
131	John McPherson	Jonesboro IN	4 M 60-64	48:52	7:52/M
132	Joe Donnell	Fort Wayne IN	17 M 45-49	48:53	7:52/M
133	Linda Anderson	Fort Wayne IN	4 F 40-44	49:12	7:55/M
134	Randy Hockemeyer	Decatur IN	19 M 35-39	49:15	7:56/M
135	Joe Toth	Fort Wayne IN	18 M 45-49	49:19	7:56/M
136	David Burwell	Fort Wayne IN	19 M 45-49	49:25	7:57/M
137	Paul McIntosh	Fort Wayne IN	20 M 35-39	49:26	7:58/M
138	Roger Finderson	Auburn IN	21 M 35-39	49:29	7:58/M
139	Ken Nordin	Fort Wayne IN	5 M 60-64	49:29	7:58/M
140	Helen Talford	Fort Wayne IN	4 F 35-39	49:30	7:58/M
141	Robert Boxell	Huntersville IN	18 M 40-44	49:30	7:58/M
142	Russ Stephens	Fort Wayne IN	20 M 45-49	49:32	7:59/M
143	Scott Aldrich	Auburn IN	22 M 35-39	49:33	7:59/M
144	Sam Gillie	Fort Wayne IN	23 M 35-39	49:49	8:01/M
145	Randy Jenkins	Fort Wayne IN	14 M 50-54	49:51	8:02/M
146	Todd Thompson	Fort Wayne IN	4 M 20-24	49:52	8:02/M
147	Chuck Zumbun	Churubusco IN	21 M 45-49	49:59	8:03/M
148	Glen Weaver	Fort Wayne IN	15 M 30-34	50:04	8:04/M
149	Nathan Decker	Fort Wayne IN	8 M 25-29	50:05	8:04/M
150	Brian Yee	Fort Wayne IN	16 M 30-34	50:24	8:07/M
151	Greg Childers	Fort Wayne IN	19 M 40-44	50:26	8:07/M
152	Rebecca Smith	Convoy OH	5 F 20-24	50:28	8:08/M
153	Paul Offerle	Fort Wayne IN	15 M 50-54	50:29	8:08/M
154	Bill Harris	Grabill IN	1 M 65-69	50:33	8:08/M
155	Doug Bredend	Fort Wayne IN	22 M 45-49	50:35	8:09/M
156	Jan Himmelein	Fort Wayne IN	2 F 45-49	50:36	8:09/M
157	Scott Koons	Fort Wayne IN	17 M 30-34	50:43	8:10/M
158	Paula McEachern	Leo IN	3 F 45-49	50:46	8:10/M
159	Molly Sheehan	Fort Wayne IN	3 F 25-29	50:50	8:11/M
160	Laura Donnell	Fort Wayne IN	5 F 0-15	51:10	8:14/M
161	Amy Archbold	Fort Wayne IN	7 F 30-34	51:22	8:16/M
162	Lynne D Feletag	Fort Wayne IN	1 F 50-54	51:22	8:16/M
163	Angela Palevich	Fort Wayne IN	6 F 20-24	51:25	8:17/M
164	Tom Dwire	Fort Wayne IN	23 M 45-49	51:28	8:17/M
165	Kelly Kaufman	Fort Wayne IN	8 F 30-34	51:28	8:17/M
166	Amy Jones	Fishers IN	9 F 30-34	51:29	8:17/M
167	Jack Seigel	Fort Wayne IN	6 M 60-64	51:32	8:18/M
168	Barb Scrogam	Fort Wayne IN	1 F 55-59	51:33	8:18/M
169	Jennifer Savage	Warsaw IN	10 F 30-34	51:38	8:19/M
170	Kent Har	Decatur IN	20 M 40-44	51:40	8:19/M
171	Bill Maddock	Angola IN	16 M 50-54	51:41	8:19/M
172	William Dinger	Fort Wayne IN	17 M 50-54	51:43	8:20/M
173	Jared Newhard	Fort Wayne IN	18 M 30-34	51:43	8:20/M
174	Marvin Eady	Fort Wayne IN	21 M 40-44	51:47	8:20/M
175	Shawne Batterbee	Fort Wayne IN	5 F 35-39	51:52	8:21/M
176	Daniel Bolek	Fort Wayne IN	22 M 40-44	51:54	8:21/M
177	Marina Garcia	Fort Wayne IN	6 F 35-39	51:55	8:22/M
178	Beth Watkins	Fort Wayne IN	5 F 40-44	51:56	8:22/M
179	John David McPherson	Fort Wayne IN	18 M 50-54	52:01	8:23/M
180	Tom Frasier	Dublin OH	4 M 55-59	52:04	8:23/M
181	Cindy Compton	Van Wert OH	7 F 35-39	52:06	8:23/M
182	Mark H Wolf	Fort Wayne IN	24 M 35-39	52:06	8:23/M
183	Diane Ryan	Van Wert OH	4 F 45-49	52:06	8:23/M
184	Gary Gordon	Churubusco IN	23 M 40-44	52:07	8:24/M
185	David Geiger	Churubusco IN	24 M 40-44	52:07	8:24/M
186	Joe Nichols	Fort Wayne IN	24 M 45-49	52:09	8:24/M
187	Elizabeth Wolf	Fort Wayne IN	11 F 30-34	52:09	8:24/M
188	Katrina Loucks	Fort Wayne IN	12 F 30-34	52:14	8:25/M
189	Carol Harper	Fort Wayne IN	6 F 40-44	52:17	8:25/M
190	Rich Runion	Fort Wayne IN	25 M 35-39	52:17	8:25/M
191	Anne Ehinger	Fort Wayne IN	7 F 40-44	52:19	8:25/M
192	Kimberly Summers	Fort Wayne IN	8 F 35-39	52:24	8:26/M
193	Michael Clendenen	New Haven IN	19 M 50-54	52:24	8:26/M
194	Phyllis Suelzer	Fort Wayne IN	2 F 50-54	52:25	8:26/M
195	Bill Ryan	Fort Wayne IN	25 M 45-49	52:28	8:27/M
196	Thomas Elyea	Fort Wayne IN	7 M 60-64	52:28	8:27/M
197	Shelley Chapman	Leo IN	9 F 35-39	52:32	8:28/M
198	Mike Wemhoff	Fort Wayne IN	25 M 40-44	52:37	8:28/M
199	Jamie Rinkenberger	Bluffton IN	4 F 25-29	52:43	8:29/M
200	Chris Harrison	Fort Wayne IN	9 M 25-29	52:48	8:30/M

Sixth Annual River City

Rat Race 10K

October 29, 2005

Place	Name	City	Age Group	Time	Pace
201	Angie Lockwood	Bluffton IN	10 F 35-39	52:52	8:31/M
202	Frank Hunt	Fort Wayne IN	26 M 40-44	52:56	8:31/M
203	Christopher Grabill	Orange Park FL	19 M 30-34	52:58	8:32/M
204	Stew Hall	Aurora IN	5 M 55-59	53:00	8:32/M
205	Marc Shaheen	Fort Wayne IN	20 M 30-34	53:05	8:33/M
206	Jonathan Harper	Fort Wayne IN	6 M 0-15	53:16	8:35/M
207	Michael Difilippantonio	Fort Wayne IN	26 M 45-49	53:25	8:36/M
208	Darryl Cargo	Fort Wayne IN	27 M 40-44	53:25	8:36/M
209	Terri Gross	Fort Wayne IN	3 F 50-54	53:37	8:38/M
210	Christopher Cain	Reanoke IN	10 M 25-29	53:40	8:39/M
211	Shawnda Baughman	Fort Wayne IN	5 F 25-29	53:40	8:39/M
212	Teri Walter	New Haven IN	11 F 35-39	53:48	8:40/M
213	Melinda Kinder	Fort Wayne IN	5 F 45-49	53:57	8:41/M
214	Laurie Whisler	Fort Wayne IN	8 F 40-44	53:57	8:41/M
215	Kristen Bender	Huntersville IN	6 F 25-29	54:01	8:42/M
216	Ryan McCloskey	Fort Wayne IN	11 M 25-29	54:01	8:42/M
217	Katie Hartzog	Fort Wayne IN	7 F 20-24	54:12	8:44/M
218	Greg Hermes	Fort Wayne IN	20 M 50-54	54:13	8:44/M
219	Roger Grable	Columbia City IN	27 M 45-49	54:19	8:45/M
220	Steph Asher	Kendallville IN	8 F 20-24	54:23	8:45/M
221	Kim Larsen	Fort Wayne IN	9 F 40-44	54:28	8:46/M
222	Janelle Hibiske	Fort Wayne IN	7 F 25-29	54:29	8:46/M
223	Karen Gillie	Fort Wayne IN	13 F 30-34	54:35	8:47/M
224	John Herber	Fort Wayne IN	28 M 40-44	54:35	8:47/M
225	Mark Snyder	Fort Wayne IN	29 M 40-44	54:40	8:48/M
226	Jessica Doby	Fort Wayne IN	8 F 25-29	54:42	8:49/M
227	Phillip Kelley	Churubusco IN	30 M 40-44	54:52	8:50/M
228	Kenneth Mowan	Fort Wayne IN	21 M 50-54	54:59	8:51/M
229	Quinn Farver	Fort Wayne IN	28 M 45-49	55:10	8:53/M
230	Tracy Brooks	Fort Wayne IN	12 F 35-39	55:23	8:55/M
231	Laura Beeks	Bluffton IN	13 F 35-39	55:32	8:57/M
232	Steve Edmiston	New Haven IN	29 M 45-49	55:39	8:58/M
233	Rick Grinsfelder	Fort Wayne IN	26 M 35-39	55:52	9:00/M
234	Austin Agler	Fort Wayne IN	7 M 0-15	55:53	9:00/M
235	Alan Hernly	Fort Wayne IN	22 M 50-54	56:00	9:01/M
236	Terra Finderson	Auburn IN	14 F 30-34	56:04	9:02/M
237	Andrew Evans	Roanoke IN	8 M 0-15	56:10	9:03/M
238	Lynn Dotterer	Bluffton IN	14 F 35-39	56:18	9:04/M
239	Shalon Meyer	Auburn IN	9 F 25-29	56:20	9:04/M
240	Rick Sealstock	Van Wert OH	23 M 50-54	56:21	9:04/M
241	Rebecca Churchward	Fort Wayne IN	15 F 30-34	56:24	9:05/M
242	Jeff Barton	Fort Wayne IN	27 M 35-39	56:36	9:07/M
243	Kelly Oswalt	Auburn IN	16 F 30-34	56:41	9:08/M
244	David Vanliere	Huntington IN	6 M 55-59	56:46	9:08/M
245	Chuck Kelley	Fort Wayne IN	24 M 50-54	56:56	9:10/M
246	Erin Cox	Fort Wayne IN	6 F 0-15	56:58	9:10/M
247	Dana Kinley	Fort Wayne IN	10 F 40-44	57:01	9:11/M
248	Jim Berghoff	Fort Wayne IN	31 M 40-44	57:04	9:11/M
249	David J Force	Fort Wayne IN	28 M 35-39	57:21	9:14/M
250	Tracy Grashoff	Fort Wayne IN	9 F 20-24	57:24	9:15/M
251	Joseph Grashoff	Fort Wayne IN	12 M 25-29	57:24	9:15/M
252	Joy Dunno	Decatur IN	11 F 40-44	57:33	9:16/M
253	Anthony Krouse	Fort Wayne IN	3 M 18-19	57:34	9:16/M
254	Dana Budd	New Haven IN	25 M 50-54	57:48	9:18/M
255	Dan Barnes	Fort Wayne IN	7 M 55-59	57:49	9:19/M
256	Joan Gary	Fremont IN	1 F 65-69	58:05	9:21/M
257	Rick Hilker	Fort Wayne IN	26 M 50-54	58:08	9:22/M
258	David Krabach	Bluffton OH	30 M 45-49	58:13	9:22/M
259	Mary Aalan	Fort Wayne IN	4 F 50-54	58:13	9:22/M
260	Sonny Strack	Fort Wayne IN	31 M 45-49	58:41	9:27/M
261	Jennifer Kessler	Winona Lake IN	10 F 25-29	58:45	9:28/M
262	Lynn T Bobay	Fort Wayne IN	27 M 50-54	58:47	9:28/M
263	Larry Piano	Fort Wayne IN	8 M 55-59	58:52	9:29/M
264	Robert Lawson	Fort Wayne IN	9 M 55-59	58:57	9:30/M
265	Candy Evans	Roanoke IN	15 F 35-39	59:00	9:30/M
266	Zulikha Neumann	Fort Wayne IN	17 F 30-34	59:03	9:31/M
267	Trish Poursanidis	Huntersville IN	16 F 35-39	59:04	9:31/M
268	Connie Gordon	Churubusco IN	12 F 40-44	59:09	9:31/M
269	Robert C Loomis	Monroeville IN	1 M 70-99	59:10	9:32/M
270	Michael Hollis	Fort Wayne IN	29 M 35-39	59:16	9:33/M
271	Larry Bowen	Fort Wayne IN	10 M 55-59	59:18	9:33/M
272	Elissa Bridges	Huntington IN	10 F 20-24	59:24	9:34/M
273	Stephanie Robb	Fort Wayne IN	11 F 20-24	59:25	9:34/M
274	Linda MacKey	Fort Wayne IN	5 F 50-54	59:25	9:34/M
275	Deb Krouse	Fort Wayne IN	13 F 40-44	59:25	9:34/M
276	Kellen Watkins	Fort Wayne IN	32 M 40-44	59:25	9:34/M
277	Holly Rothenbush	Fort Wayne IN	11 F 25-29	59:49	9:38/M
278	Cheryl Kiel	Fort Wayne IN	14 F 40-44	59:58	9:39/M
279	Pamela Joachim	Fort Wayne IN	17 F 35-39	1:00:06	9:41/M
280	Sandy Junk	Fort Wayne IN	18 F 30-34	1:00:06	9:41/M
281	Susan Okleshen	New Haven IN	6 F 45-49	1:00:15	9:42/M
282	Chrisy Link	New Haven IN	19 F 30-34	1:00:19	9:43/M
283	Tom Doby	Fort Wayne IN	28 M 50-54	1:00:28	9:44/M
284	Joseph Maffey	Fort Wayne IN	13 M 25-29	1:01:00	9:49/M
285	Alissa Reed	Fort Wayne IN	12 F 25-29	1:01:27	9:54/M
286	Mary Snow	Fort Wayne IN	7 F 45-49	1:01:33	9:55/M
287	Robert Snow	Fort Wayne IN	29 M 50-54	1:01:35	9:55/M
288	Tim Zimmerman	Fort Wayne IN	32 M 45-49	1:01:41	9:56/M
289	Virginia Zimmerman	Fort Wayne IN	8 F 45-49	1:01:41	9:56/M

Sixth Annual River City

Rat Race 10K

October 29, 2005

Place	Name	City	Age Group	Time	Pace
290	Pamela Golden	Fort Wayne IN	15 F 40-44	1:01:52	9:58/M
291	Helen Ryan	Fort Wayne IN	6 F 50-54	1:01:53	9:58/M
292	Holly Burton	Huntington IN	7 F 0-15	1:02:04	10:00/M
293	Edward Gebhart	Albion IN	2 M 65-69	1:02:09	10:00/M
294	Kathy Moran	Fort Wayne IN	20 F 30-34	1:02:13	10:01/M
295	Lauren Wengler	Fort Wayne IN	9 F 45-49	1:02:25	10:03/M
296	Renee Lockett	Fort Wayne IN	13 F 25-29	1:02:30	10:04/M
297	John Feiertag	Fort Wayne IN	11 M 55-59	1:02:36	10:05/M
298	Erin Cappetta	Leo IN	21 F 30-34	1:02:39	10:05/M
299	Anne Davies	Fort Wayne IN	7 F 50-54	1:02:44	10:06/M
300	Bryan Bartlett	Fort Wayne IN	30 M 35-39	1:03:00	10:09/M
301	Aaron Sautes	Fort Wayne IN	14 M 25-29	1:03:02	10:09/M
302	Deb Hannie	Leo IN	18 F 35-39	1:03:04	10:09/M
303	Kris Burkhardt	Decatur IN	15 M 25-29	1:03:29	10:13/M
304	Jay Kimes	Fort Wayne IN	31 M 35-39	1:03:39	10:15/M
305	Jamie Nicholson		32 M 35-39	1:03:39	10:15/M
306	Jon Colbert	Fort Wayne IN	33 M 45-49	1:03:50	10:17/M
307	Greg Adams	Fort Wayne IN	30 M 50-54	1:03:50	10:17/M
308	Julie Jackson	Fort Wayne IN	2 F 18-19	1:03:56	10:18/M
309	Janet Hansen	Bloomfield Hills	8 F 50-54	1:04:06	10:19/M
310	Devon Plant	Fort Wayne IN	14 F 25-29	1:04:20	10:22/M
311	Angie Hormann	Fort Wayne IN	15 F 25-29	1:04:22	10:22/M
312	Abbey Jo Dickerson	Fort Wayne IN	12 F 20-24	1:05:10	10:30/M
313	Nancy Boyer	Fort Wayne IN	9 F 50-54	1:06:00	10:38/M
314	Bernie Huesing	Fort Wayne IN	2 M 70-99	1:07:09	10:49/M
315	Tom Fuelling	Fort Wayne IN	12 M 55-59	1:07:20	10:51/M
316	Delores Johns	Bluffton IN	1 F 60-64	1:07:56	10:56/M
317	Brady Long	Fort Wayne IN	34 M 45-49	1:08:03	10:57/M
318	Joe Doust	Fort Wayne IN	31 M 50-54	1:08:03	10:57/M
319	Dawn Holtmeyer	Fort Wayne IN	19 F 35-39	1:08:11	10:59/M
320	Rod Salway	Fort Wayne IN	21 M 30-34	1:08:11	10:59/M
321	Melissa Salway	Fort Wayne IN	16 F 25-29	1:08:11	10:59/M
322	Cathy Strack	Fort Wayne IN	16 F 40-44	1:09:54	11:15/M
323	Aaron Villaruz	Fort Wayne IN	22 M 30-34	1:10:52	11:25/M
324	Betty Greider	Fort Wayne IN	17 F 40-44	1:14:14	11:57/M
325	Lisa Jutte	Muncie IN	17 F 25-29	1:14:30	12:00/M
326	Stacy Walker	Muncie IN	22 F 30-34	1:14:31	12:00/M
327	Kalissa Blanchette	Fort Wayne IN	2 F 16-17	1:17:56	12:33/M
328	Joseph Dimarzio	Fort Wayne IN	23 M 30-34	1:18:11	12:35/M
329	Abie Bennett	Fort Wayne IN	18 F 25-29	1:18:30	12:38/M
330	Regina Blanchette	Fort Wayne IN	10 F 50-54	1:19:39	12:50/M
331	Beverly Taylor	Fort Wayne IN	10 F 45-49	1:20:57	13:02/M
332	Jennifer Pesa	Huntertown IN	23 F 30-34	1:22:19	13:15/M
333	Kenneth E Disler	Fort Wayne IN	3 M 70-99	1:25:47	13:49/M
334	Stacy Flenwarth	Auburn IN	24 F 30-34	1:26:22	13:54/M

Canterbury 5K

October 08, 2005

Place	Name	City	Age Group	Time	Pace
31	Larson Wuest	Fort Wayne IN	2 M 11-14	22:58	7:25/M
32	Cole Walker	Ossian IN	3 M 11-14	23:17	7:31/M
33	Kerry Blanchette	Fort Wayne IN	7 M 50-99	23:17	7:31/M
34	Cindy McGovern	Fort Wayne IN	1 F 40-49	23:22	7:32/M
35	Alex Werhner	Fort Wayne IN	5 M 30-39	23:26	7:34/M
36	Bob Carpenter	Fort Wayne IN	8 M 50-99	23:40	7:38/M
37	Jake Wilson	Fort Wayne IN	4 M 11-14	23:46	7:40/M
38	Jim Pickett	Waterloo IN	9 M 50-99	23:54	7:43/M
39	Greg Dennis	Roanoke IN	3 M 20-29	24:08	7:47/M
40	Jack Seigel	Fort Wayne IN	10 M 50-99	24:10	7:48/M
41	Chase Moyle	Fort Wayne IN	1 M 0-10	24:29	7:54/M
42	Scott Karr	Fort Wayne IN	11 M 50-99	24:31	7:55/M
43	George Witwo	Bluffton IN	15 M 40-49	24:34	7:55/M
44	Tim Kenesey	Fort Wayne IN	6 M 30-39	24:50	8:01/M
45	Thomas Boyer	Fort Wayne IN	12 M 50-99	25:00	8:04/M
46	Frank Hunt	Fort Wayne IN	16 M 40-49	25:07	8:06/M
47	Pete Wilson	Fort Wayne IN	17 M 40-49	25:08	8:06/M
48	Scott Helmkamp	Fort Wayne IN	7 M 30-39	25:09	8:07/M
49	Carly Mannes	Columbia City IN	1 F 15-19	25:09	8:07/M
50	Amber Merchant	Fort Wayne IN	1 F 20-29	25:10	8:07/M
51	Thomas Newlin	Fort Wayne IN	2 M 0-10	25:26	8:12/M
52	Peggy Boyd	Fort Wayne IN	2 F 40-49	25:28	8:13/M
53	Kate Desimone	Fort Wayne IN	1 F 11-14	25:32	8:14/M
54	Patrick O'Reilly	Fort Wayne IN	5 M 11-14	25:36	8:15/M
55	Kimberly Summers	Fort Wayne IN	1 F 30-39	25:43	8:18/M
56	R Scott Lawson	Fort Wayne IN	8 M 30-39	26:19	8:29/M
57	Brian Vanskyock	Fort Wayne IN	18 M 40-49	26:23	8:31/M
58	Amanda Filus	Fort Wayne IN	2 F 30-39	26:25	8:31/M
59	Richard Rajchez	Fort Wayne IN	19 M 40-49	26:35	8:35/M
60	Anne M Karr	Fort Wayne IN	1 F 50-99	26:39	8:36/M
61	Alice Hancock	Fort Wayne IN	2 F 50-99	26:44	8:37/M
62	Anita O'Reilly	Fort Wayne IN	3 F 40-49	26:49	8:39/M
63	William Wilson	Fort Wayne IN	13 M 50-99	26:55	8:41/M
64	Steve Edmiston	New Haven IN	20 M 40-49	27:05	8:44/M
65	Caroline Wright	Fort Wayne IN	2 F 11-14	27:09	8:45/M
66	John David McPherson	Fort Wayne IN	14 M 50-99	27:11	8:46/M
67	Susanna Lohmar	Fort Wayne IN	3 F 11-14	27:14	8:47/M
68	Julia Goldstein	Fort Wayne IN	4 F 11-14	27:41	8:56/M
69	Angela Gebert	Fort Wayne IN	3 F 30-39	27:42	8:56/M
70	Lynn T Bobay	Fort Wayne IN	15 M 50-99	27:59	9:02/M
71	Mary Callen	Fort Wayne IN	5 F 11-14	28:06	9:04/M
72	William Wright	Fort Wayne IN	3 M 0-10	28:12	9:06/M
73	Caroline Van Ummersen	Fort Wayne IN	6 F 11-14	28:20	9:08/M
74	Gordon Van Ummersen	Fort Wayne IN	21 M 40-49	28:25	9:10/M
75	Monroe Bailey	Fort Wayne IN	4 M 0-10	28:32	9:12/M
76	Michael Hollis	Fort Wayne IN	9 M 30-39	28:39	9:15/M
77	Lily Kenesey	Fort Wayne IN	1 F 0-10	28:42	9:15/M
78	Kelly Halter	Fort Wayne IN	4 F 30-39	28:57	9:20/M
79	Robert Lawson	Fort Wayne IN	16 M 50-99	29:00	9:21/M
80	Jonathan Skekloff	Fort Wayne IN	2 M 15-19	29:02	9:22/M
81	Gregg Bender	Fort Wayne IN	17 M 50-99	29:04	9:23/M
82	Krista Lohmar	Fort Wayne IN	4 F 40-49	29:17	9:27/M
83	Madison Moyle	Fort Wayne IN	7 F 11-14	29:18	9:27/M
84	Kathy Callen	Fort Wayne IN	3 F 50-99	29:21	9:28/M
85	Katic Schantz	Fort Wayne IN	8 F 11-14	29:24	9:29/M
86	Bob Schantz	Fort Wayne IN	22 M 40-49	29:24	9:29/M
87	Madeline Burns	Fort Wayne IN	9 F 11-14	29:42	9:35/M
88	Steven Greider	Fort Wayne IN	18 M 50-99	29:47	9:36/M
89	Dick Harnly	Fort Wayne IN	19 M 50-99	30:02	9:41/M
90	Cort Hollett	Fort Wayne IN	23 M 40-49	30:08	9:43/M
91	Jack Harter	Fort Wayne IN	6 M 11-14	30:17	9:46/M
92	Sam Lohmar	Fort Wayne IN	7 M 11-14	30:22	9:48/M
93	Oc Kenesey	Fort Wayne IN	10 F 11-14	30:23	9:48/M
94	Maddie Van Ummersen	Fort Wayne IN	2 F 0-10	30:24	9:48/M
95	Larry Wuest	Fort Wayne IN	24 M 40-49	30:25	9:49/M
96	Cheryl Stromski	Antwerp OH	5 F 40-49	30:30	9:50/M
97	Winnie Long	Fort Wayne IN	6 F 40-49	30:33	9:51/M
98	Amanda Iacene	Fort Wayne IN	2 F 20-29	30:48	9:56/M
99	Jenna Shaffer	Decatur IN	3 F 20-29	31:13	10:04/M
100	Helen Ryan	Fort Wayne IN	4 F 50-99	31:39	10:13/M
101	Gavin Lovvom	Fort Wayne IN	5 M 0-10	31:41	10:13/M
102	Sue Wnjewuczki	Fort Wayne IN	5 F 30-39	31:42	10:14/M
103	Joel Harter	Fort Wayne IN	25 M 40-49	32:25	10:27/M
104	Chase Walker	Ossian IN	8 M 11-14	32:27	10:28/M
105	Joshua Zacher	Fort Wayne IN	6 M 0-10	32:29	10:29/M
106	Steve Wright	Fort Wayne IN	26 M 40-49	32:31	10:29/M
107	Kalissa Blanchette	Fort Wayne IN	2 F 15-19	32:31	10:29/M
108	Thomas Wright	Fort Wayne IN	9 M 11-14	32:34	10:30/M
109	Mark Lovvom	Fort Wayne IN	10 M 30-39	32:52	10:36/M
110	Tamy Zeidler	Huntertown IN	6 F 30-39	33:33	10:49/M
111	Shep Moyle	Fort Wayne IN	27 M 40-49	33:48	10:54/M
112	John Powell	Fort Wayne IN	28 M 40-49	33:52	10:55/M
113	Sharon Perry	Fort Wayne IN	7 F 30-39	33:59	10:58/M
114	Frank Johnson	Fort Wayne IN	20 M 50-99	34:01	10:58/M
115	Betty Greider	Fort Wayne IN	7 F 40-49	34:16	11:03/M
116	Patrick Yurkanin	Fort Wayne IN	10 M 11-14	34:19	11:04/M
117	Joe Yurkanin	Fort Wayne IN	29 M 40-49	34:20	11:05/M
118	Alec Devine	Fort Wayne IN	7 M 0-10	34:33	11:09/M
119	Michael Devine	Fort Wayne IN	11 M 30-39	34:33	11:09/M
120	Sabine Lohmar	Fort Wayne IN	3 F 0-10	36:07	11:39/M
121	Carrie Stumph	Fort Wayne IN	8 F 40-49	36:20	11:43/M
122	Jenna Harter	Fort Wayne IN	4 F 0-10	36:42	11:50/M
123	Judy Zacher	Fort Wayne IN	9 F 40-49	36:49	11:53/M

Canterbury 5K

October 08, 2005

Place	Name	City	Age Group	Time	Pace
1	Casey Shafer	Bluffton IN	*** M 20-29	16:33	5:20/M
2	Brad A Thomas	Fort Wayne IN	1 M 30-39	17:55	5:47/M
3	Richard Kempf	Fort Wayne IN	1 M 40-49	18:14	5:53/M
4	Mateo Carne	Fort Wayne IN	2 M 30-39	18:18	5:54/M
5	Doug Sundling	Bluffton IN	1 M 50-99	18:38	6:01/M
6	Kun Walborn	Fort Wayne IN	2 M 40-49	18:58	6:07/M
7	Matt Foreman	Fort Wayne IN	3 M 40-49	19:02	6:08/M
8	Kevin Knight	Fort Wayne IN	1 M 20-29	19:14	6:12/M
9	Brad Altevogt	Fort Wayne IN	2 M 50-99	19:17	6:13/M
10	Eric White	Roanoke IN	4 M 40-49	19:27	6:16/M
11	Joe Savina	Fort Wayne IN	3 M 30-39	20:03	6:28/M
12	Jay Rozelle	Fort Wayne IN	2 M 20-29	20:08	6:30/M
13	John Treleaven	Fort Wayne IN	3 M 50-99	20:18	6:33/M
14	Paul Shaffer	Decatur IN	5 M 40-49	20:21	6:34/M
15	Chuck Brown	Bluffton IN	6 M 40-49	20:24	6:35/M
16	David Boyer	Fort Wayne IN	1 M 15-19	20:40	6:40/M
17	Michael Skipper	Warsaw IN	7 M 40-49	21:10	6:50/M
18	James McKinnon	Waterloo IN	8 M 40-49	21:17	6:52/M
19	Tim Stumph	Fort Wayne IN	9 M 40-49	21:25	6:55/M
20	Andreas Lohmar	Fort Wayne IN	10 M 40-49	21:28	6:55/M
21	Garett Davenport	Andrews IN	11 M 40-49	21:41	7:00/M
22	Ray Casiano	New Haven IN	4 M 50-99	21:48	7:02/M
23	Benjamin Judge	Decatur IN	1 M 11-14	21:59	7:05/M
24	Matthew C Wojewuczki	Fort Wayne IN	4 M 30-39	22:08	7:08/M
25	Bob Bruckner	Fort Wayne IN	5 M 50-99	22:15	7:11/M
26	Roger Kingsbery	Fort Wayne IN	6 M 50-99	22:25	7:14/M
27	Tom Lill	Fort Wayne IN	12 M 40-49	22:42	7:19/M
28	Robert Nicholson	Fort Wayne IN	13 M 40-49	22:49	7:22/M
29	Jeff Steinberg	Fort Wayne IN	14 M 40-49	22:52	7:23/M
30	Sheryle Braaten	Hoagland IN	*** F 40-49	22:52	7:23/M

Canterbury 5K

October 08, 2005

Place	Name	City	Age Group	Time	Pace
124	Julianne Will	Fort Wayne IN	8 F 30-39	37:46	12:11/M
125	Jan Antalis	Fort Wayne IN	10 F 40-49	37:48	12:12/M
126	Susan Will	Hoagland IN	5 F 50-99	37:51	12:13/M
127	Rosa Wernher	Fort Wayne IN	9 F 30-39	38:01	12:16/M
128	Regina Blanchette	Fort Wayne IN	6 F 50-99	38:10	12:19/M
129	Kali Almdale	Fort Wayne IN	11 F 11-14	41:35	13:25/M
130	David Lombard	Fort Wayne IN	12 M 30-39	45:10	14:34/M
131	Kenneth E Disler	Fort Wayne IN	21 M 50-99	45:16	14:36/M
132	Victoria Devine	Fort Wayne IN	10 F 30-39	47:13	15:14/M

Canterbury 5K

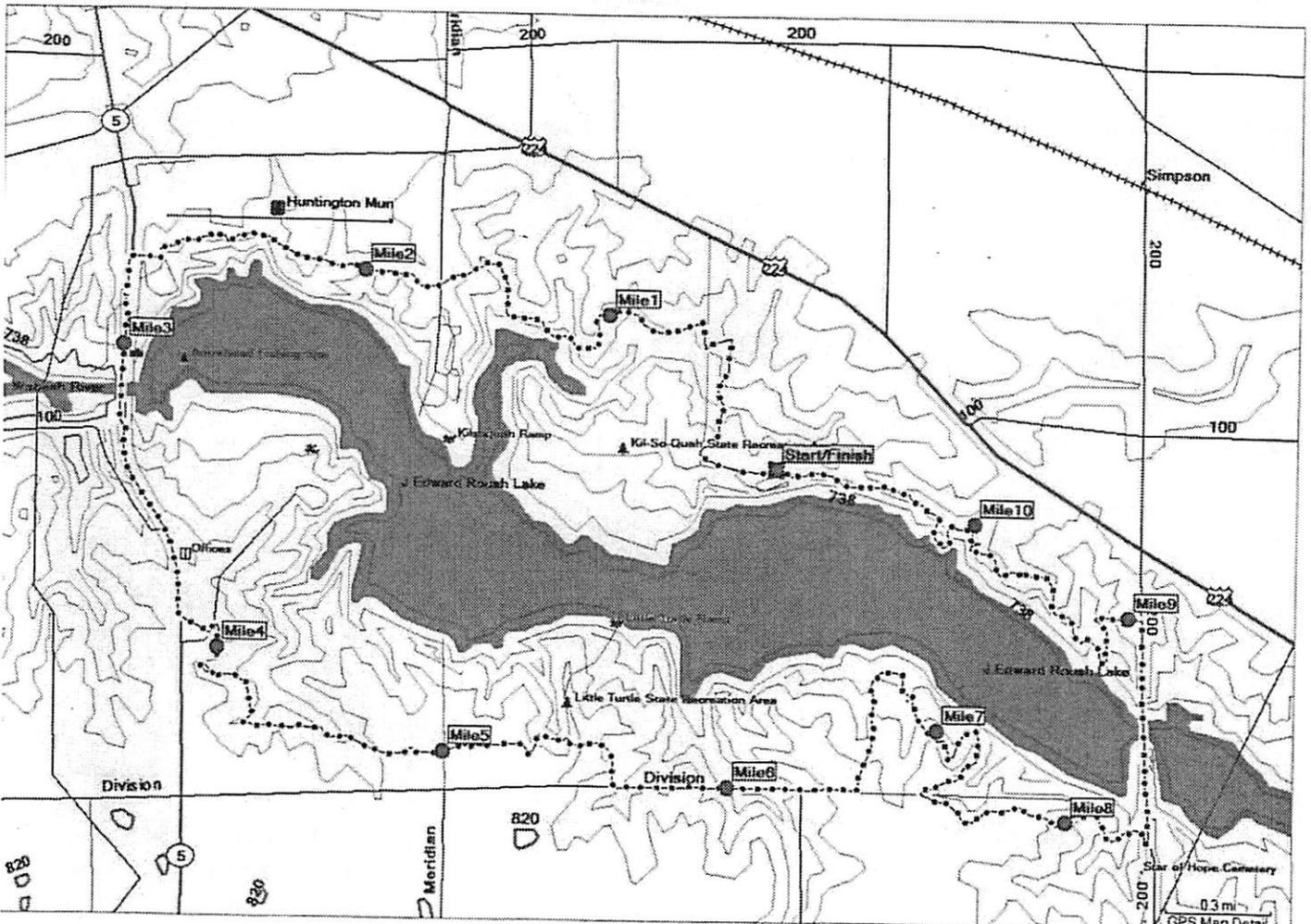
October 08, 2005

Place	Name	City	Age Group	Time	Pace
133	David Wood	Roanoke IN	22 M 50-99	48:08	15:32/M
134	Rachel Antalis	Fort Wayne IN	3 F 15-19	48:44	15:43/M
135	Kevin O'Malley	Auburn IN	30 M 40-49	57:34	18:34/M
136	Cathy Bosk	Fort Wayne IN	11 F 40-49	57:35	18:35/M
137	Greg Bosk	Fort Wayne IN	23 M 50-99	57:42	18:37/M

Results By Fort Wayne Track Club

Latest From The HUFF Trail Notes

See <http://huff50k.blogspot.com/>



Map prepared by Jerry Diehl and Bob Berger. Course is accurately measured at 10.8 miles. (The first loop will be slightly shorter due to the road start not repeated on loops 2 and 3.)

Jerry and Bob have placed mile markers on the course on Sunday, November 20th for those doing training runs prior to December 17th.

Note that the course does not entirely follow the DNR's new Kekionga Trail. The biggest deviation is on the north side when runners are headed back west from Simpson Road (Simpson Road, aka 200E, is the eastern boundary of The HUFF course). Runners will head to the west on the old trail. Runners will not be using the newly created bike trail on that section.

Posted by Mitch Harper , Sunday, November 20.



THREE RIVERS RUNNING COMPANY

Fort Wayne Track Club members—come into Three Rivers Running Company and use your 10% FWTC member discount! We have technical running gear from Asics, Brooks, Mizuno, New Balance, Pearl Izumi, Saucony, SportHill, Hind, Timex, and much more!

Come in to get geared up, chat with staff, and meet your friends for a run. We look forward to seeing you!

Located in Covington Shops
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260-459-3668

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Ohio region's premier source for the running industry's best technical gear.
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Happy Birthday!



12/12	Jennifer	Lee
12/12	Joel	Sanders
12/14	Roseann	Simmons
12/14	Laurie	Whisler
12/15	R William	Schmidt
12/15	Phil	Suelzer
12/16	Kenneth E	Disler
12/16	Peter	Gerken
12/16	Joseph	Ryan
12/17	Rochelle	Alberding
12/17	Andy	Suever
12/18	Bobbie	Clark
12/18	Gregg	Osborn
12/19	Lorraine	Brattoli
12/19	John David	Mcperson
12/21	Todd	Gaerke
12/21	Jeannie	Giese
12/22	Betty	Greider
12/22	Mark	O'shaughnessy
12/23	Linda	Brooks
12/23	Claire	Weir
12/24	Sue	Mcgreg
12/24	Helen	Pearson
12/24	Joe	Ziegler
12/25	Sam N	Bird
12/25	Leah	Sanders
12/26	Russ	Suever
12/27	Scott	Glaze

12/28	Ramon E	Brown
12/30	Diane	Post
12/31	Ken	Silkworth
1/2	Addie	Michel
1/2	Julie	Risley
1/3	Chris	Brown
1/3	Paul	Shaffer
1/4	Sarah	Bird
1/4	Steven	Summers
1/5	Rebecca	Hawks
1/5	Jeff	Metzger
1/6	Sam	Deitle
1/11	Amy	Begley
1/11	Debra	Hess
1/11	Carter A	Milleman
1/12	Donald	Kramer
1/12	Scott A	Miller
1/12	Tim	Mossburg
1/14	Steve	Eyers
1/15	Linette	Barry
1/15	Donald	Lindley
1/15	Michael	Lindley
1/15	Steve	Nivens
1/15	Amy	Stephan
1/17	Sarah	Kanouse
1/18	Kelly	Kohlmeyer
1/19	Maricela	Stroud
1/20	Anna	Mize

1/21	Travis	Blanchette
1/21	James E	Bushey
1/21	James	Payne
1/22	Don	Ashton
1/22	Karl	Dietsch
1/22	Jay	Samuel
1/22	Paul	Sturm
1/23	Niels	Rasmussen
1/24	Gary	Selking
1/26	Tammy	Behrens
1/27	Carla	Brames
1/29	Noel	Hupp
1/30	Gloria	Bolino
1/30	Robert C	Loomis
1/31	Fred	Ross Jr
2/2	Dori A	Meighan
2/2	Dick	Shenfeld
2/3	Bill	Sohaski
2/4	Hal	Atkinson
2/7	Rebecca	Konkin
2/7	Dean	Russ
2/9	Bill	Mack
2/9	Holly	Niner
2/10	Grace	Burriss
2/10	Jason	Sorg
2/11	David C	Dale
2/12	Steve	Edmiston
2/13	Donald R	Decook

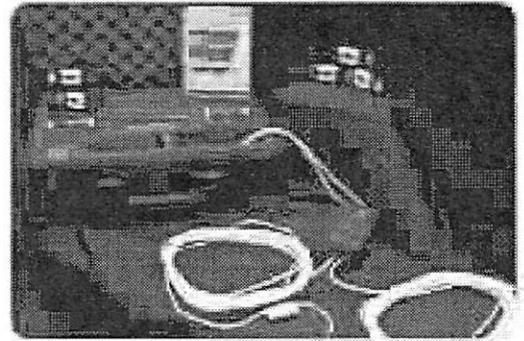
It's About Time!

The Fort Wayne Track Club needs volunteers to learn the chip system in order to help out at the FWTC races at the finish line. It is a chance to work with some of the



Transponder and Ankle Strap

best timing equipment in the world, as well as helping out your track club. Contact JP Jones at 745-7339 or senojpj@skynet.net.



AMB Timing System

2006 USA Outdoor Track and Field Championships To Be Held In Indianapolis

USA Track and Field and co-host Indiana Sports Corporation has announced the 2006 Outdoor Track and Field Championships in Indianapolis, Indiana. You have the opportunity to experience as well as expose athletes, coaches, officials, and families to an outstanding event which displays the nation's top track and field athletes competing for the title of National Champion.

The Championships are the final stop of the VISA Championship Series, and will take place June 21-25, 2006, at the IU Michael A. Carroll Track and Soccer Stadium on the campus of IUPUI in downtown Indianapolis.

All-session tickets include admission to all five days of the Outdoor and Junior competitions, and include free parking for each day of the event. Group Packages are also available. *USA Track and Field members should visit www.usatf.org to purchase their tickets and receive a USA Track and Field member discount.*

More details are available at: <http://www.indianasportscorp.com/ISC2/track&field.php>

FWTC Marketing and Promotions Coordinator Needed

Duties include:

- Distribute fliers to various locations i.e. gyms, health food stores, stores, etc. either by mailing or in person.
- Assist race director in distributing race information if needed.
- Assist newsletter coordinator with upcoming newsletter if needed.
- Arrange for the FWTC display at FWTC races, and if possible at points races, and any other local races.
- Keep FWTC pictures updated.
- Post FWTC race information on various online community calendars, newspapers, and any other media that may reach runners/walkers/fitness enthusiasts.

Contact any FWTC board member if interested

FWTC Points Races 2006

The following races will be the 2006 FWTC Points Races:

1. Fanny Freezer 5K
2. Nutri-Run 20K
3. Mastodon Stomp 5K
4. TRRC 12K
5. Firecracker 4 Mile
6. Runners on Parade 5K
7. Matthew 25 10K
8. Kernel Klassic 5K
9. Parlor City ½ Marathon
10. River City Rat Race 10K
11. Turkey Trot
12. Just Plain 10K

Points Through River City Rat Race

Men under 19

Place	Name	City	Points
1	David Boyer	Fort Wayne IN	655.0
2	Josh Ware	Fort Wayne IN	375.0
3	Eric Ware	Fort Wayne IN	325.0
4	Aaron Ware	Fort Wayne IN	320.0
5	Jacob Ware	Fort Wayne IN	300.0
6	Benjamin Skipper	Warsaw IN	275.0
7	Galen Harden	Yoder IN	200.0
8	Evan Niner	Fort Wayne IN	200.0
9	Eric Edmiston	New Haven IN	185.0
10	Shawn Kelley	Churubusco IN	185.0
11	Kurt White	Fort Wayne IN	185.0
12	Sam N Bird	Columbia City IN	100.0
13	Colin Altevogt	Fort Wayne IN	100.0
14	Andrew Piropat	Fort Wayne IN	100.0
15	Sean McAvoy	Bluffton IN	100.0
16	Donny Heath	Roanoke IN	100.0
17	Danny White	Fort Wayne IN	85.0
18	Taylor James Tiemon	Fort Wayne IN	85.0
19	Matt Winkeljohn	Fort Wayne IN	85.0
20	Alex Snavely	Silver Lake IN	85.0

Men 20 to 29

1	Casey Shafer	Bluffton IN	785.0
2	Edward Fisk	Fort Wayne IN	585.0
3	Rick Hammer	Hudson IN	270.0
4	Mike Cole	Angola IN	100.0
5	Josh Brunson	Fort Wayne IN	100.0
6	Kyle Bolin	Fort Wayne IN	85.0

Men 30 to 34

1	Brad A Thomas	Fort Wayne IN	985.0
2	Sam Gillie	Fort Wayne IN	485.0
3	Jeff Jones	Fort Wayne IN	430.0
4	Corey Williams	New Haven IN	235.0
5	Aaron York	Fort Wayne IN	215.0
6	David Whitcomb	Hoagland IN	175.0
7	Todd Sullivan	Fort Wayne IN	65.0
8	Todd Werling	Fort Wayne IN	65.0
9	Ryan Hilton	Fort Wayne IN	55.0
10	Jason Sagan	Fort Wayne IN	55.0

Men 35 to 39

1	Joe Savina	Fort Wayne IN	1085
2	Anthony Juliano	Fort Wayne IN	890.0
3	Matt Scott	Warsaw IN	570.0
4	Mike Elise	Fort Wayne IN	325.0
5	Ron Sharp	Fort Wayne IN	300.0
6	Buff Dormeier	Fort Wayne IN	300.0
7	Chad Ware	Fort Wayne IN	255.0
8	Scott Aldrich	Auburn IN	210.0
9	Thomas Gilbert	Fort Wayne IN	160.0
10	Brian Loucks	Fort Wayne IN	145.0
11	Michael Wolfe	Fort Wayne IN	135.0

Points Through River City Rat Race

12	Michael Peters	Fort Wayne IN	130.0
13	Rich Runion	Fort Wayne IN	100.0
14	Michael Fruchey	Huntertown IN	100.0
15	Brent Burris	Auburn IN	95.0
16	Mike Thurston	Fort Wayne IN	85.0
17	Paul Sturm	Fort Wayne IN	75.0
18	Mark Walter	Garrett IN	75.0
19	David Drew	New Haven IN	65.0

Men 40 to 44

1	Mike Slaubaugh	Fort Wayne IN	935.0
2	Kurt Walborn	Fort Wayne IN	840.0
3	Matt Foreman	Fort Wayne IN	775.0
4	David Geiger	Churubusco IN	520.0
5	Michael L McAvoy	Bluffton IN	400.0
6	Paul E Knott	Fort Wayne IN	395.0
7	Mark Pace	Fort Wayne IN	335.0
8	Jeff Metzger	Fort Wayne IN	315.0
9	David M Huffman	Fort Wayne IN	240.0
10	Mark Beals	Fort Wayne IN	230.0
11	Darryl Cargo	Fort Wayne IN	230.0
12	Jim Bougher	Fort Wayne IN	200.0
13	Gregg Osborn	Fort Wayne IN	170.0
14	Phillip Kelley	Churubusco IN	130.0
15	Steve Zacher	Fort Wayne IN	125.0
16	Dave Matchette	Fort Wayne IN	125.0
17	Frank Hunt	Fort Wayne IN	120.0
18	Michael Skipper	Warsaw IN	120.0
19	Michael McManus	Fort Wayne IN	100.0
20	J. David Reimschisel, Jr	Leo IN	85.0
21	William Cook	Fort Wayne IN	80.0
22	Marvin Eady Jr	Fort Wayne IN	70.0
23	Ted Van Antwerp	Fort Wayne IN	65.0
24	Jeffrey Rowe	Garrett IN	65.0
25	Dan Cummiskey	Fort Wayne IN	65.0
26	Jim Berghoff	Fort Wayne IN	45.0
27	David Ellis	Fort Wayne IN	45.0
28	Rob Winkeljohn	Fort Wayne IN	15.0
29	Alan Boyle	Huntertown IN	10.0

Men 45 to 49

1	James McKinnon	Waterloo IN	840.0
2	Paul Shaffer	Decatur IN	610.0
3	Mark Waldron	Wawaka IN	600.0
4	Chuck Brown	Bluffton IN	580.0
5	Doug Sundling	Bluffton IN	500.0
6	Gary Schmunk	Antwerp OH	450.0
7	Steve Edmiston	New Haven IN	210.0
8	Mark O'Shaughnessy	Fort Wayne IN	205.0
9	Kim A Lefever	Columbia City IN	200.0
10	Tom Landis	Churubusco IN	200.0
11	Joe Astroski	Fort Wayne IN	195.0
12	Craig Bobay	Fort Wayne IN	190.0
13	Mitch V Harper	Fort Wayne IN	180.0
14	Jeff Taner	Fort Wayne IN	175.0
15	Chuck Zumbrun	Churubusco IN	170.0
16	David Roehling	Harlan IN	170.0
17	Ted Snavely	Silver Lake IN	120.0
18	Tom Lill	Fort Wayne IN	100.0
19	Tim O'Connell	Fort Wayne IN	100.0
20	John Hamilton	Fort Wayne IN	100.0
21	Rick Hilker	Fort Wayne IN	95.0
22	Carl A Risch	Decatur IN	85.0
23	Thomas Boyer	Fort Wayne IN	85.0
24	Terry Diller	Fort Wayne IN	75.0
25	Wes Rogers	Fort Wayne IN	65.0
26	Jerry Hoff	Roanoke IN	65.0
27	Stephen M Hilker	Fort Wayne IN	40.0
28	Mark Brattoli	Fort Wayne IN	35.0
29	Kevin Truelove	Fort Wayne IN	35.0
30	Mark Giese	Fort Wayne IN	25.0
31	Steven A West	Fort Wayne IN	25.0
32	Gregg Kurtz	Fort Wayne IN	25.0
33	Timothy Ryan	Fort Wayne IN	20.0
34	Dennis Klopfenstein	New Haven IN	15.0
35	Jeff Milleman	Fort Wayne IN	15.0
36	Jonathan E Schlatter	Fort Wayne IN	5.0
37	Hal Atkinson	Huntertown IN	5.0

Men 50 to 54

1	Brad Altevogt	Fort Wayne IN	1105
2	John Treleaven	Fort Wayne IN	830.0
3	Kerry Blanchette	Fort Wayne IN	575.0
4	John David McPherson	Fort Wayne IN	325.0
5	Lynn T Bobay	Fort Wayne IN	325.0
6	Ken Long	Fort Wayne IN	265.0
7	Phil Suelzer	Fort Wayne IN	240.0
8	Jed Pearson	Columbia City IN	235.0
9	Joseph Nayarkas	Fort Wayne IN	210.0
10	Howard J Klinger	Fort Wayne IN	210.0
11	Don Ransome	Warsaw IN	200.0
12	Greg Ridenour	Fort Wayne IN	195.0
13	Thomas J Felts	Fort Wayne IN	180.0
14	Dana Budd	New Haven IN	160.0
15	Aaron Cox	Huntertown IN	135.0

Points Through River City Rat Race

16	Len Piropato	Fort Wayne IN	110.0
17	Mike Cox	Spencerville IN	100.0
18	Tom Fuelling	Fort Wayne IN	100.0
19	Doug Ulmer	Leo IN	100.0
20	Jerry Diehl	Fort Wayne IN	100.0
21	Michael Yann	Fort Wayne IN	100.0
22	Lon R. Braun	Fort Wayne IN	100.0
23	Kevin Giam	Fort Wayne IN	95.0
24	Tom Digate	Fort Wayne IN	90.0
25	Michael Clendenen	New Haven IN	90.0
26	Terry Anderson	Fort Wayne IN	90.0
27	Todd Seiman	Fort Wayne IN	75.0
28	Donald Kramer	Van Wert OH	70.0
29	Ted Tiemon	Fort Wayne IN	35.0
30	Robert Snow	Fort Wayne IN	25.0
31	Tom Yoder	Fort Wayne IN	10.0
32	Keith Niner	Fort Wayne IN	5.0

Men 55 to 59

1	Jim Pickett	Waterloo IN	885.0
2	Bob Bruckner	Fort Wayne IN	765.0
3	Rich Stephenson	Monroeville IN	535.0
4	Jack Seigel	Fort Wayne IN	475.0
5	Robert Lawson	Fort Wayne IN	325.0
6	Steven Greider	Fort Wayne IN	255.0
7	Bob Michel	Fort Wayne IN	245.0
8	John Peterson	Fort Wayne IN	170.0
9	David L. Winters	Huntington IN	140.0
10	Art Obregon	Pierceton IN	85.0
11	Ty Murphy	Columbia City IN	75.0
12	Mervin Koehlinger	Fort Wayne IN	65.0
13	James H. Wright	Fort Wayne IN	65.0
14	Jay Haney	Huntington IN	65.0
15	Phil Luttmann	Kendallville IN	55.0

Men 60 to 64

1	Ray Casiano	New Haven IN	1075
2	David E. Buylan	Fort Wayne IN	750.0
3	Bernie Burgette	Fort Wayne IN	495.0
4	Donald Lindley	Fort Wayne IN	435.0
5	Dewain Cobbs	Warsaw IN	285.0
6	Barrie Peterson	Fort Wayne IN	110.0
7	Fred Ross Jr	Warsaw IN	100.0
8	Don Ashton	Fort Wayne IN	100.0
9	William A. Crane	Warsaw IN	75.0
10	Allen Albert	Fort Wayne IN	65.0
11	Lynn B. Smith	Fort Wayne IN	55.0
12	Steve Adkison	Fort Wayne IN	35.0

Men 65 to 69

1	Joe Ziegler	New Haven IN	965.0
2	Bill Sohaski	Fort Wayne IN	200.0
3	Bill Harris	Grabill IN	185.0
4	Dick Hamly	Fort Wayne IN	165.0
5	Freeman Hershberger	Goshen IN	100.0
6	Tom Felger	Fort Wayne IN	100.0
7	Karl Dietsch	Fort Wayne IN	85.0
8	William Clark	Fort Wayne IN	85.0
9	Bud Stiffler	Anderson IN	75.0
10	Noel Hupp	Fort Wayne IN	75.0

Men 70 and over

1	Kenneth E. Disler	Fort Wayne IN	1085
2	Bernie Huesing	Fort Wayne IN	940.0
3	Robert C. Loomis	Monroeville IN	605.0
4	R. William Schmidt	Fort Wayne IN	300.0
5	James P. Jones	Fort Wayne IN	285.0
6	Don Anderson	Fort Wayne IN	185.0
7	Curtis Nold	Fort Wayne IN	150.0
8	Jack Hilker	Fort Wayne IN	100.0
9	Ian Rolland	Fort Wayne IN	100.0

Women 19 and under

Place	Name	City	Points
1	Kalissa Blanchette	Fort Wayne IN	1255
2	Ciersten Deardorf	Fort Wayne IN	500.0
3	Grace Burris	Auburn IN	415.0
4	Kylee Keuneke	Decatur IN	415.0
5	Courtney Raypole	Columbia City IN	370.0
6	Leticia Deardorf	Fort Wayne IN	285.0
7	Lynn Altevogt	Fort Wayne IN	200.0
8	Amy Roberts	Fort Wayne IN	200.0
9	Cecelia Snow	Fort Wayne IN	160.0
10	Cendra Deardorf	Fort Wayne IN	150.0
11	James Gorman	Decatur IN	100.0
12	Beth Niner	Fort Wayne IN	100.0
13	Tracey Jo Tiemon	Fort Wayne IN	100.0
14	Leah Deardorf	Fort Wayne IN	100.0
15	Ciersten Deardorf	Garrett IN	100.0
16	Hannah Michel	Fort Wayne IN	85.0

Points Through River City Rat Race

17	Sarah Winkeljohn	Fort Wayne IN	75.0
18	Sarah Bird	Columbia City IN	55.0

Women 20 to 29

1	Amy Stephan	Fort Wayne IN	400.0
2	Angela Palevich	Fort Wayne IN	200.0

Women 30 to 34

1	Tammy Behrens	Fort Wayne IN	700.0
2	Rebecca Hollenbaugh	South Whitley IN	455.0
3	Polly Grismore	Fort Wayne IN	335.0
4	Erin Brady	Fort Wayne IN	335.0
5	Jennifer Steigmeyer	Fort Wayne IN	300.0
6	Karen Gillie	Fort Wayne IN	240.0
7	Katrina Loucks	Fort Wayne IN	230.0
8	Amy Archbold	Fort Wayne IN	225.0
9	Kim Doster	Fort Wayne IN	170.0
10	Kim Milleman	Fort Wayne IN	100.0
11	Chris Link	New Haven IN	35.0

Women 35 to 39

1	Nancy Burris	Auburn IN	460.0
2	Staci Beiswanger	South Whitley IN	200.0
3	Anne Duff	Fort Wayne IN	200.0
4	Julie McNulty	Fort Wayne IN	185.0
5	Tracy Skipper	Warsaw IN	85.0
6	Jeannie Giese	Fort Wayne IN	85.0
7	Tracy Brooks	Fort Wayne IN	85.0
8	Pamela Joachim	Fort Wayne IN	75.0

Women 40 to 44

1	Sheryle Braaten	Hoagland IN	1015
2	Betty Greider	Fort Wayne IN	690.0
3	Linda Anderson	Fort Wayne IN	650.0
4	Cindy McGovern	Fort Wayne IN	645.0
5	Denise Conrad	Decatur IN	455.0
6	Diana Schowe	Auburn IN	455.0
7	Beverly Metzger	Fort Wayne IN	375.0
8	Paula McEachern	Leo IN	315.0
9	Mary Snow	Fort Wayne IN	285.0
10	Lorraine Brattoli	Fort Wayne IN	175.0
11	Karen Kosberg	Fort Wayne IN	75.0
12	Claire Weir	Fort Wayne IN	75.0
13	Mary Crane	Warsaw IN	65.0
14	Carla Branes	New Haven IN	55.0
15	Laurie Whisler	Fort Wayne IN	55.0

Women 45 to 49

1	Cheryl Stromski	Antwerp OH	575.0
2	Judy White	Fort Wayne IN	400.0
3	Judy Tillapaugh	Fort Wayne IN	200.0
4	Terri Gross	Fort Wayne IN	170.0
5	Tamara Wright	Coldwater MI	160.0
6	Diane Post	Fort Wayne IN	85.0
7	Holly Niner	Fort Wayne IN	85.0
8	Margie Morris-Parker	Fort Wayne IN	85.0
9	Sue McGrew	Fort Wayne IN	75.0
10	Renee Fenstermaker	Fort Wayne IN	75.0
11	Joann Bird	Columbia City IN	75.0

Women 50 to 54

1	Helen Ryan	Fort Wayne IN	1045
2	Regina Blanchette	Fort Wayne IN	885.0
3	Nancy Boyer	Fort Wayne IN	510.0
4	Phyllis Suelzer	Fort Wayne IN	300.0
5	Susan Peterson	Albion IN	185.0
6	Anne M. Karr	Fort Wayne IN	100.0

Women 55 to 59

1	Barb Scroggham	Fort Wayne IN	685.0
2	Bobbie Clark	Fort Wayne IN	185.0
3	Marsha Schmidt	Fort Wayne IN	100.0

Women 60 to 64

1	Sarah Kleinknight	Fort Wayne IN	600.0
2	Rochelle Alberding	Bluffton IN	100.0
3	Irene Spindler	Kendallville IN	85.0

Women 65 to 69

1	Joan Gary	Fremont IN	500.0
2	Gloria J. Nold	Fort Wayne IN	200.0

HUFF Web Log

For last minute news on this year's HUFF (December 17) see the new HUFF 50K blog at <http://Huff50k.blogspot.com>. This will allow the quicker posting of new information regarding the HUFF. The blog contains not just new information but news as well.

As the introductory Posting explains:

Welcome to the HUFF 50K Trail Notes. This will be the place for keeping folks updated regarding the upcoming HUFF 50K Trail Run on December 17, 2005 at Huntington IN. There have been some changes to the trail we'll tell you about. And the committee has been meeting to improve the experience for every runner and every volunteer..

Running/Training Groups in Fort Wayne

Saturdays:

YMCA Downtown - 7AM - group leaves at 7AM
Usually 8-12 miles with 10-30 people - All levels welcome
Contact: Steve Hilker - smhilker@verizon.net

PR Training -

Time and place will vary throughout the fall and winter. If you would like to be put on an email list of the time and location email prtraining@comcast.net. We will begin training for the Indy Mini in January.

Team in Training -

Mike Else is the run/walk coach for Team in Training. 95% of runners are beginners. They meet Saturdays at 7 AM at Foster Park. They welcome any level of runner or walker whether they are training for a race or not.

New Haven -

Group is meeting at the North River boat launch across the street from Kreager Park. Distances will vary - usually 8-12 miles. They meet on Saturdays at 7AM. For more information, contact David Swenson at 749-9366 or dswe456204@msn.com.

*****.

A new group is forming that will meet at various locations around the Ft. Wayne area. The group will be meeting at 8AM on Saturdays. For additional information contact Brett Hess at 637-3755.

During the Week:

YMCA Downtown - S. Barr St.

Meet in Main lobby

Monday: 5:30AM (4 miles), Tues.: 5:30AM (4-8 miles),

Wed.: 5:30AM (4 miles), Fri.: 5:30AM (9 miles)

Call member services desk in morning if any questions. 422-6486

ETG Training Group -Eric Ade and Casey Shafer and Matt Blume train together during the week and are open to others, both male and female joining them. They are interested in training with college-aged students and post-collegiate runners. M-F 4:30-5:00 PM

They run at different locations. Contact one of them for more information.

Eric Ade 602-5410 erica@waterfield.com

Casey Shafer 402-2541 ghanishrunner@hotmail.com

Matt Blume matt.blume@itt.com

<http://etgfortwayne.blogspot.com/>

Agility/Plyometrics/Speed Work - Wednesdays 6-7:30 PM (starting 11/16)

Work out with a personal trainer to improve your race times. \$10/session

Engle Road @ Absolute Results - If questions call Diana Schowe @ 627-3308

Team Bird - RunIndiana.com will have the Team Bird training schedule on it. It is updated on a regular basis. Call Gary Bird (244-4408) with any questions.

More Marathon March 26th 2006

Anna Mize would like to organize a training group for the 3rd annual More Marathon for women 40 and over. This unique event for women only features 5 loops around Central Park to total 26.2 miles.

Also part of the event is a half marathon 13.1 mile race. You must be a woman 40 years or older or join a 2 woman relay with one of you over 40.

Check out the web site www.more.com/marathon

E-mail Anna at anna.mize@att.net or call 260-672-3783 if you're interested in training together for this event, or just want more information.

If you have a group you would like added to this list, contact Tammy Behrens 625-3830 or prtraining@comcast.net.

Run Ohio Newsletter

Interested in what our running friends to the east are up to? Check out the RUNOHIO E-Newsletter at <http://www.runohio.com/cgi-bin/enewsletter/nllistuser.cgi?listid=20>

Fort Wayne Track Club Member Profile

The Inside Track Newsletter would like to hear from our FWTC Members! Please fill out this profile form and return to : FWTC Newsletter, P.O. Box 11703, Fort Wayne IN 46860, or email us at newsletter@fwtc.org. We would like to hear from as many members as possible.

Name: _____

Occupation: _____

Birthdate: _____

Family: _____

Pets: _____

Hobbies or Interests: _____

Favorite family activities: _____

Running shoe brand: Years running/walking _____

Favorite distance to run/walk: PR: _____

Favorite after racing/training food: _____

Favorite place to train: Favorite race: _____

Why do you run/walk: _____

Favorite item of clothing: _____

Favorite movie or TV Program, or book : _____

Favorite music: _____

Collections: _____

Favorite vacation destinations: _____

Most prized possession: _____

Has there been an inspiration to your running/walking? If so, explain: _____

Do you have a dream? If so, explain: _____

Races from 12/01/2005 to 03/31/2006

Latest race calendar is available on-line at www.fwtc.org

L - Local race in the Ft. Wayne area, R - Regional Race Outside the Fort Wayne Area, P - FWTC Points race

Dec 03 2pm Sat	LP	Just Plain 10K - 10k Run & 3.3k Walk (FWTC Point Race)Foster Park(Hartman & Fosterparkway), Fort Wayne, IN <i>Contact:</i> James P Jones, Fort Wayne Track Club, PO Box 11703, Fort Wayne, IN 46860, 260-745-7339 <i>Info/Fees:</i> No entry fee, bring gift wrapped t-shirt to be donated to Allen County Children's Home, FW Christmas Bureau, etc. <i>Email:</i> senojpj@skynet.net <i>Web site:</i> http://www.fwtc.org
Dec 03 9am Sat	R	5th Annual Sole to Soul 5K - 5K Williams County YMCA, Bryan, OH <i>Contact:</i> Curt Foust, 419-636-0542 <i>Info/Fees:</i> All proceeds goes to Mike Rohlf in helping with his cancer treatments <i>Email:</i> cdfoust@hotmail.com <i>Web site:</i> http://www.defiancecountyranner.com
Dec 03 9am Sat	R	Jingle Bell Run - 5K Run/Walk Downtown - IUPUI, Indpls, IN <i>Contact:</i> Don Carr, 6265 Boone Ridge, Zionville, IN 46077, 317-733-3300 <i>Email:</i> tuxbro@indy.rr.com <i>Web site:</i> http://www.tuxbro.com
Dec 03	R	Tecumseh Trail Marathon - 26.2 miles Yellowwood State Forest, Bloomington, IN <i>Info/Fees:</i> Field Limit to 500 runners, point to point, 3500 vertical feet of climbing <i>Email:</i> Brian@DINOseries.com <i>Web site:</i> http://www.DINOseries.com
Dec 10 8am Sat	R	29th Annual Rocket City Marathon - 26.2 Miles HILTON, Huntsville, AL <i>Contact:</i> Suzanne & Dink Taylor, 6750 Carl T. Jones, Huntsville, AL 35802 <i>Info/Fees:</i> \$30-pre, \$22,000 Prize Money <i>Email:</i> Runstrong@fleetfeethuntsville.com <i>Web site:</i> http://www.HuntsvilleTrackClub.org
Dec 10 9am Sat	R	Kylan's Krazy Kristmas Karnival - 5K & 1 Mile Ligioner Elementary, Ligioner, IN <i>Contact:</i> Brian Shepherd, 700 Westfield Dr., Ligonier, IN 46767, 260-894-4638 <i>Info/Fees:</i> \$10-Pre, \$12-Race-Day
Dec 17 8am Sat	L	The Huff 50K Trail Run - 50K, 3xRelay, & 1 Loop Fun Run (10.8 Miles) J.Edward Roush Lake, Kil-So-Quah Campground, Huntington, IN <i>Contact:</i> Mitch Harper, 5207 Hopkinson Dr, Ft Wayne, IN 46814, 260-436-4824 <i>Email:</i> info@Huff50K.com <i>Web site:</i> http://www.HUFF50K.com
Dec 31 2pm Sat	R	Kokomo New Year's Eve 5K - 5K Run/Walk Foster Park,, Senior Citizen's Center, Kokomo, IN <i>Contact:</i> Charlie Skoog, 2936 Congress Dr., Kokomo, IN 46902, 765-457-2607 <i>Info/Fees:</i> \$13pre/12-24, \$15/after,Gloves, Knit Caps,Random Door Prizes <i>Email:</i> runckrr@aol.com <i>Web site:</i> http://www.ckrr.us
Jan 01 1pm Sun	R	10th Annual Frigid Five - 5K Run/Walk YMCA, Warsaw, IN <i>Contact:</i> Don Ransome (574-267-4140), Kosciusko Community YMCA, 1401 E Smith St, Warsaw, IN 46580, (574)269-9622 <i>Info/Fees:</i> \$13-Pre, \$16 after Dec 18th <i>Email:</i> forransome@kconline.com
Jan 07 11am Sat	R	22th Annual Siberian Express - 7.6 Miles Trail Run Kickapoo State Park, Danville, IL <i>Contact:</i> Scott Hendren, PO Box 1701, Danville, IL 61834, (217) 469-2134 <i>Info/Fees:</i> Grand Slam Event - Stay for party w/food,music,&prizes <i>Email:</i> krr@kennekuk.com <i>Web site:</i> http://www.kenneluk.com
Jan 08 Sunday, 2pm	R	33rd Annual Dave's Running Shop 10 Mile Shoe Run - 10 Miles Delta High School, Delta, OH <i>Contact:</i> Jamie Mason, 419-822-9812 <i>Web site:</i> http://toledoroadrunners.org

Jan 14 10am Sat	R	Portland Winter Run - 5K Portland High School - between Lansing & Grand Rapids, MI off I96, Porland, MI <i>Contact:</i> Dave Hoort, 230 Kent Street, Portland, MI 48875, 517-647-7873 <i>Info/Fees:</i> \$10/Students,\$13/Individuals,\$40/Family postmark by 1/10; \$18 thereafter. <i>Email:</i> dhoort@hotmail.com <i>Web site:</i> http://portlandrunningclub.homestead.com
Jan 28 10am Sat	R	23rd Annual Bop to the Top - 37 floors, 515 feet 806 steps, straight up AUL Bldg, Indpls, IN <i>Contact:</i> Tuxedo Brothers, 6265 Boone Ridge, Zionville, IN 46077, 317-733-3300 <i>Email:</i> tuxbro@indy.rr.com <i>Web site:</i> http://www.tuxbro.com
Jan 28 8am Sat	R	Mountain Mist 50K Trail Run - 50K (31 miles) Monte Sano Park Lodge, Huntsville, AL <i>Contact:</i> Dink & Suzanne Taylor, Fleet Feet Sports, 2750 Carl T Jones Dr Ste 1200T, Huntsville Al 35802, 256-650-7063 <i>Info/Fees:</i> \$40-Pre; \$60 after 12-1 <i>Email:</i> dink@fleetfeethuntsville.com <i>Web site:</i> http://www.huntsvilletrackclub.org
Jan 28 Sat 10am	R	Furniss Freezer 5K - 5K Tri-State University, Hershey Hall Gym, Angola, IN <i>Contact:</i> Teresa Furniss, 1065 E 100 N, Angola, IN 46703, 260-624-2851 <i>Info/Fees:</i> \$12-pre, \$15-race day <i>Email:</i> furnisst@tristate.edu
Feb 05 1pm Sun	R	34th Groundhog 7 - 7 Miles to be announced, Carmel, IN <i>Contact:</i> Indy Runners, (317) 290-RUNR <i>Email:</i> Groundhog@IndyRunners.org <i>Web site:</i> http://www.indyrunners.org
Feb 11 2pm Sat	LP	Fanny Freezer 5K (FWTC Points Race) - 5K Shoaff Park, Fort Wayne, IN <i>Contact:</i> FWTC -Don Lindley, 260-436-2234, PO Box 11703, Fort Wayne, IN 46860, No Pre-Race Registration, Race Day Registration Only, starting at 1:00 pm <i>Info/Fees:</i> Race Day only, \$3 for FWTC members, \$4 for Non-members <i>Email:</i> lindleyd@infionline.net <i>Web site:</i> http://www.fwtc.org
Feb 11 9am Sat	R	Slippery Elm Trail Run - 13.1 Miles North Baltimore to Bowling Green, Ohio, Bowling Green, OH <i>Contact:</i> Al Chester, 419-425-2917 <i>Info/Fees:</i> Refreshments at BW3/BG <i>Web site:</i> http://http://www.toledoroadrunners.org
Feb 18 9am Sat	R	Polar Bear Run/Walk - 5M Run/Competitive Walk/5M Family Walk Indiana War Memorial, Indpls, IN <i>Contact:</i> Ken Long, 317-884-4001 <i>Info/Fees:</i> Pre -\$11 to \$27, Family \$50, Race Day-No Shirt \$15 <i>Email:</i> klong@kenlongassoc.com <i>Web site:</i> http://www.kenlongassoc.com/pbear03.htm
Feb 26 10am Sun	R	TRRC 25K Championship Race - 25K & 5K Pred Oak Openings Metropark (Mallard Lake), Whitehouse, OH <i>Contact:</i> Dennis Scott, 419-478-6405 <i>Web site:</i> http://www.toledoroadrunners.org
Mar 11 2pm Sat	R	28th Beer Bottle Open - 4M Columbus Grove HS, Columbus, OH <i>Contact:</i> Jerry Bunn, 206 Hall Ave Columbus OH 45830, 419 659-5702 <i>Info/Fees:</i> \$15 w/shirt, \$10 w/o shirt, Proceeds Columbus Grove X-C Team <i>Email:</i> jbunn@woh.rr.com
Mar 18 10:30am Sat	R	19th Annual Mountain Goat Hill Runs/Walk - 15K & 10K Kickapoo State Park, Danville, IL <i>Contact:</i> Deb Reddy, PO Box 1701, Danville, IL 61834, (217) 431-4243 <i>Info/Fees:</i> Grand Slam Event - Party @ Little Nugget Steakhouse <i>Email:</i> kennekuk@net66.com <i>Web site:</i> http://www.kennekuk.com

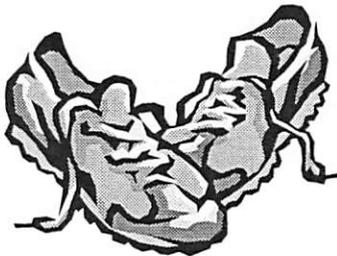
Mar 18 1pm Sat	LP	FWTC 26th Annual Nutri-Run - 20K (Pts Race) & 5M Run/Walk The Chapel, 2505 West Hamiton Rd, Fort Wayne, IN <i>Contact:</i> Jeff & Bev Metzger, 9211 Red Berry Ct, Fort Wayne, IN 46804, 260-436-5632 <i>Info/Fees:</i> \$10-FWTC Members by 3/11, \$12-Non-Members by 3/11, \$15-thereafter <i>Email:</i> jbmetzger@aol.com <i>Web site:</i> http://www.fwtc.org
Mar 18 6 am Sat	R	Land Between the Lakes Trail Run - 60Km Grand Rivers, KY <i>Contact:</i> Steve Durbin, PO Box 1136, Paducah, KY 42002-1136, 800-456-9404 <i>Info/Fees:</i> \$55-pre, Beautiful mostly single track well groomed trail containing several short but challenging hills with great views of lakes. <i>Email:</i> sdurbin@marquettettrans.com <i>Web site:</i> http://www.wkrc.org
Mar 18 8am Sat	R	22nd Ed Dibble Towpath 19-mile - 19 Miles Farnsworth Metropark, Waterville, OH <i>Contact:</i> Louis Miklovic, 419-868-1295 <i>Info/Fees:</i> \$4 - Members, \$6-Non-Members <i>Web site:</i> http://www/toledoroadrunners.org

Fort Wayne Orthopaedics Supports FWTC!

Track club members are eligible for preferential appointment times at Fort Wayne Orthopedics (FWO). If an injury occurs, call Peter Paonessa at 436-6326, and let him know you are a member of the FWTC. He will get you an appointment scheduled with a sports medicine specialist. There is also a hotline available for injury-related questions. Call Greg at 438-2225.

Share Your Running Story

...There are all kinds of reasons to run a race ...



Every runner has had many interesting experiences in their running career. Well the Fort Wayne Track Club wants to hear them! Share your memories with us. We will be printing running stories from people in our Bi-Monthly newsletter.

Sad, exciting, inspiring or happy, we want to hear your story and so do others.

So send your story to newsletter@fwtc.org. We look forward to hearing from you!

Share Yours!

FWTC MEMBERSHIP APPLICATION

Name: _____ Date of Birth ____/____/____ Sex _____

Address: _____ Home Phone _____

City/State/Zip: _____ Work Phone _____

E-mail address: _____

Occupation: _____ Business Affiliation: _____

Type of Membership: Single: ____ Family: ____ New Member: ____ Renewal: ____

Family Members:

Spouse: _____ Birthdate: _____ Sex: _____

Children: _____ Birthdate: _____ Sex: _____

Children: _____ Birthdate: _____ Sex: _____

Make checks out to: Fort Wayne Track Club, PO Box 11703, Fort Wayne, IN 46860-1703

ANNUAL MEMBERSHIP DUES: January 1—December 31

One year: \$16 Two Years: \$28 Three Years: \$36

New Members: first year only \$12 If you join during the year you pay as follows: 100%-Jan., Feb., Mar

Members under 21: \$12 75%-Apr., May, Jun..

Family rates: \$4 for ea. add'l family member (\$8- max) 50%-Jul., Aug., Sep.

125%-Oct., Nov., Dec..

The Fort Wayne Track Club has obtained an insurance policy through the Road Runners Club of America which gives coverage for various events. Through this insurance we are covered for weekly runs, picnics, socials, and volunteers at races and other club functions. Please sign a waiver if you have not already done so. The waiver will be kept on file. \$1.25 of your annual dues goes to the RRCA for your subscription to the quarterly magazine, FootNotes, that you receive as a member of the Road Runners Club of America.

CLUB MEMBERSHIP APPLICATION WAIVER

I agree for myself, and any other person named on this application, that: I know that running and volunteering to work in club races are potentially hazardous activities. I should not enter and run in club activities unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running and volunteering to work in club races including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application for membership, I, for myself and anyone entitled to act on my behalf, waive and release the Road Runners Club of America, Fort Wayne Track Club, and all sponsors, their representatives and successors, from all claims or liabilities of any kind arising out of my participation in these club activities even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all the foregoing to use any photographs, motion pictures, recordings, or any other record for any legitimate purpose. I understand and will abide by the guidelines that bicycles, skateboards, baby joggers, roller skates or blades, animals, and radio headsets are not allowed in club races.

Signature: _____ Date: _____

Parents Signature(if under age 18) _____ Date: _____

Fort Wayne Track Club Means Volunteers!

The Fort Wayne Track Club is run by volunteers. You can help! Please indicate your area(s) of interest and get involved today!



Name: _____

Phone: _____

Email: _____

Board Member

Race Director Assistant Race Director

Races

Finish Line

Timing

Applications

Advertising/Promotions

Course Setup

Aid Stations

Transportation

Results

Equipment Coordinator
Timing equipment, finish line, course markers

Newsletter
Production, Editing, Graphics, Articles, Photos, Advertising

Website
Maintenance, Graphics, Articles, Photos, Email, Advertising

Membership

FWTC Banquet

Advertising/Promotions (race sponsors, flyers)

Anywhere

Other: _____

Show your support for your Fort Wayne Track Club

Mail this form to Fort Wayne Track Club P.O. Box 11703
Fort Wayne, IN 46860-1703

Or contact any board member!

Attention Track Club Members

Please notify Don Lindley when you change your address. The post office will not forward the Inside Track even if you have notified the post office of the change. It is costing the FWTC for additional postage and for printing extras when newsletters have to be mailed again.

Notify Don Lindley at:
lindleyd@infionline.net, or
(260) 432-5998 or (260) 436-2234, or
FWTC
P.O. Box 11703
Fort Wayne, IN 46860-1703

Advertising Rates

	1 Issue	3 Issues	6 Issues
Full Page	\$75.00	\$200.00	\$325.00
Half Page	\$40.00	\$110.00	\$175.00
Quarter Page	\$25.00	\$65.00	\$100.00
Business Card	n/a	n/a	\$50.00
Inside Cover (front or back)	\$300.00	\$750.00	\$1200.00

Full page race application inserts (includes printing results in the newsletter) 10 x entry fee if paid in advance, otherwise 12 x entry fee. Minimum \$35.00.

Inside Track publishes 450 issues bi-monthly

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Tom Landis



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